



McDONALD'S CANADA ALLERGEN INFORMATION

As of June 21, 2019

To help guests with food allergies make more informed choices, we created an Allergen Information chart with symbols to provide allergen information for our standard menu items. Test products, test formulations, and certain regional products and/or limited time promotional products have not been included. The information provided in this document is based on the most current ingredient information available from our suppliers for the ten priority food allergens identified by Health Canada (eggs, milk, mustard, peanuts, seafood [including fish, crustaceans and shellfish], sulphites, sesame, soy, tree nuts, and wheat and other cereal grains containing gluten), and is based on standard product formulations. However, despite taking precautions, normal kitchen operations may involve some shared storage, cooking and preparation areas, equipment, utensils and displays, and the possibility exists for your food items to come in contact with other food products, including other allergens.

We encourage guests with food allergies or special dietary needs to visit www.mcdonalds.ca for the most comprehensive and up-to-date ingredient information, and consult their doctor for questions regarding their diet. If you have questions about our food, please ask to speak to a Manager or contact the McDonald's Guest Relations Contact Centre at 1-888-424-4622.

The allergen information displayed in this document is current as of the date indicated at the top of this page.

Category	Page
Breakfast	3
McCafé & Bakery	5
Beef	12
Chicken	13
Sandwiches & Wraps	14
Salads	15
Happy Meal	16
Beverages	17
Snacks & Sides	19
Desserts & Shakes	20
Condiments	22
McPicks	23

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Breakfast															
Bacon & Hash Brown More-Ning McWrap					√	√									
Bacon 'N Egg McMuffin				√	√	√									
Bacon 'N Egg Bagel with Cinnamon & Raisin Bagel			X	√	√	√					√	√			
Bacon 'N Egg Bagel with Everything Bagel			√	√	√	√					√				
Bacon 'N Egg Bagel with Multigrain Bagel			√	√	√	√					√	√	√	√	
Bacon 'N Egg Bagel with Plain Bagel			X	√	√	√					√	√			
Bacon 'N Egg Bagel with Sesame Bagel			√	√	√	√					√				
Bacon, Egg & Cheese McGriddles				√	√	√									
Big Breakfast					√										
Breakfast Burrito					√	√									
Cinnamon & Raisin Bagel with Butter			X		√	√					√	√			
Cinnamon & Raisin Bagel With Herb & Garlic Cream Cheese Product			X		X	√					√	√			
Cinnamon & Raisin Bagel with Nutella®			X		X	√					√	√			
Cinnamon & Raisin Bagel With Regular Cream Cheese Product			X		X	√					√	√			
Egg BLT Bagel with Cinnamon & Raisin Bagel															
Egg BLT Bagel with Everything Bagel															
Egg BLT Bagel with Multigrain Bagel															
Egg BLT Bagel with Plain Bagel															
Egg BLT Bagel with Sesame Bagel															
Egg McMuffin				√	√	√									
English Muffin with Butter					√										
Everything Bagel with Butter			√		√	X					√				
Everything Bagel With Herb & Garlic Cream Cheese Product			√		X	X					√				
Everything Bagel with Nutella®			√		X	X					√				
Everything Bagel With Regular Cream Cheese Product			√		X	X					√				

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Large															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Medium															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Small															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size															
New Strawberries and Cream Muffin				√	√	√					√		√		
OREO Cookie Coffee Iced Frappé - Large						√					√				
OREO Cookie Coffee Iced Frappé - Medium						√					√				
OREO Cookie Coffee Iced Frappé - Small						√					√				
OREO Cookie Coffee Iced Frappé - Snack Size						√					√				
Premium Roast Brewed Coffee - Extra Large															
Premium Roast Brewed Coffee - Large															
Premium Roast Brewed Coffee - Medium															
Premium Roast Brewed Coffee - Small															
Premium Roast Brewed Iced Coffee - Large					√										
Premium Roast Brewed Iced Coffee - Medium					√										
Premium Roast Brewed Iced Coffee - Small					√										
Premium Tea - Extra Large															
Premium Tea - Large															
Premium Tea - Medium															
Premium Tea - Small															
RMHC Brownie Cookie				√	√	√					√				
RMHC Chocolate Caramel Cookie				√	√	√					√	√			
RMHC Chocolate Chunk Cookie				√	√	√					√	√			
RMHC Lil'Gem Cookie				√	√	√					√	√	√		
Salted Caramel Apple Danish				√	√	X					√				

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Strawberry & Banana Protein Smoothie - Medium															
Strawberry & Banana Protein Smoothie - Small															
Strawberry & Banana Real Fruit Smoothie with yogurt - Medium					√										
Strawberry & Banana Real Fruit Smoothie with yogurt - Small					√										
Strawberry & Banana Real Fruit Smoothie with yogurt - Large					√										
Strawberry & Banana Real Fruit Smoothie without yogurt - Large															
Strawberry & Banana Real Fruit Smoothie without yogurt - Medium															
Strawberry & Banana Real Fruit Smoothie without yogurt - Small															
Strawberry & Banana Real Fruit Smoothie without yogurt - Snack Size															
Strawberry Cream Cheese Danish				√	√	X					√				
Sugar Free Vanilla Cappuccino with 2% milk - Large					√					√					
Sugar Free Vanilla Cappuccino with 2% milk - Medium					√					√					
Sugar Free Vanilla Cappuccino with 2% milk - Small					√					√					
Sugar Free Vanilla Cappuccino with skim milk - Large					√					√					
Sugar Free Vanilla Cappuccino with skim milk - Medium					√					√					
Sugar Free Vanilla Cappuccino with skim milk - Small					√					√					
Sugar Free Vanilla Iced Coffee - Large					√					√					
Sugar Free Vanilla Iced Coffee - Medium					√					√					
Sugar Free Vanilla Iced Coffee - Small					√					√					
Sugar Free Vanilla Latte with 2% milk - Large					√					√					
Sugar Free Vanilla Latte with 2% milk - Medium					√					√					
Sugar Free Vanilla Latte with 2% milk - Small					√					√					

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Beef															
Bacon & Cheddar Angus															
Big Mac					√	√									
Cheeseburger					√	√									
Double Big Mac					√	√									
Double Cheeseburger					√	√									
Double Quarter Pounder with Cheese					√	√									
Double Quarter Pounder without Cheese			√						√		√	√			
Hamburger			X						√		√	√			
McDouble					√	√									
Mighty Angus Carolina BBQ															
Mighty Angus Original															
Quarter Pounder BLT															
Quarter Pounder with Cheese					√	√									
Quarter Pounder without Cheese			√						√		√	√			

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Sandwiches & Wraps															
Chicken & Bacon McWrap® with Crispy Chicken															
Chicken & Bacon McWrap® with Grilled Chicken															
Chipotle Chicken Snack Wrap with Crispy Chicken					√						√				
Chipotle Chicken Snack Wrap with Grilled Chicken					√						√				
Double Filet-O-Fish				√					√						
Filet-O-Fish				√					√						
Fish & Chips				√			√		√		√				
Ranch Chicken Snack Wrap with Crispy Chicken				√	√						√				
Ranch Chicken Snack Wrap with Grilled Chicken				√	√						√				
Sweet Chili Signature McWrap with Crispy Chicken				√					√		√				
Sweet Chili Signature McWrap with Grilled Chicken				√	√				√		√				

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale	
Salads																
Asian Cashew Salad with Crispy Chicken																
Asian Cashew Salad with Grilled Chicken																
Caesar Bacon Salad with Crispy Chicken					√	√					√					
Caesar Bacon Salad with Grilled Chicken					√	√					√					
Caesar Side Salad					√	√					√					
Garden Fresh Side Salad					√											
Greek Feta Salad with Crispy Chicken					√					√	√					
Greek Feta Salad with Grilled Chicken					√					√	√					

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
McPicks															
Baked Apple Pie						√					√				
Cheeseburger					√	√									
Hamburger			X						√		√	√			
Junior Chicken			X	√					√		√	√			
McDouble					√	√									
Sausage McMuffin					√	√									
Vanilla Cone					√	√					√				
World Famous Fries – Small															

Allergen key:

√ = contains the allergen

X = may contain the allergen

McDonald's Restaurants of Canada Limited, its affiliates and franchisees and each of their employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants.

All trademarks used herein are the properties of their respective owners. See Terms & Conditions on <https://www.mcdonalds.com/ca/en-ca/terms-and-conditions.html> for details.