

McDONALD'S CANADA ALLERGEN INFORMATION

As of July 05, 2019

To help guests with food allergies make more informed choices, we created an Allergen Information chart with symbols to provide allergen information for our standard menu items. Test products, test formulations, and certain regional products and/or limited time promotional products have not been included. The information provided in this document is based on the most current ingredient information available from our suppliers for the ten priority food allergens identified by Health Canada (eggs, milk, mustard, peanuts, seafood [including fish, crustaceans and shellfish], sulphites, sesame, soy, tree nuts, and wheat and other cereal grains containing gluten), and is based on standard product formulations. However, despite taking precautions, normal kitchen operations may involve some shared storage, cooking and preparation areas, equipment, utensils and displays, and the possibility exists for your food items to come in contact with other food products, including other allergens.

We encourage guests with food allergies or special dietary needs to visit www.mcdonalds.ca for the most comprehensive and up-to-date ingredient information, and consult their doctor for questions regarding their diet. If you have questions about our food, please ask to speak to a Manager or contact the McDonald's Guest Relations Contact Centre at 1-888-424-4622.

The allergen information displayed in this document is current as of the date indicated at the top of this page.

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	Peanuts	Tree Nuts	Sesame	Eggs	Milk	► ►	Fish	Shellfish	ustard	Sulphites	Wheat	Barley	at	/e	Triticale
Breakfast	Å		Š	С, Ш	Σ	Soy	Ë	С С	Ē	Sı	3	ä	Oat	Rye	
Bacon & Hash Brown More-Ning McWrap					\checkmark	\checkmark									
Bacon 'N Egg McMuffin				\checkmark											
Bacon 'N Egg Bagel with Cinnamon & Raisin Bagel			Х	\checkmark		\checkmark					\checkmark	\checkmark			
Bacon 'N Egg Bagel with Everything Bagel				\checkmark		\checkmark									
Bacon 'N Egg Bagel with Multigrain Bagel			\checkmark	\checkmark	\checkmark						\checkmark	\checkmark	\checkmark	\checkmark	
Bacon 'N Egg Bagel with Plain Bagel			X	\checkmark		\checkmark					\checkmark	\checkmark			
Bacon 'N Egg Bagel with Sesame Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Bacon, Egg & Cheese McGriddles				\checkmark											
Big Breakfast					\checkmark										
Breakfast Burrito					\checkmark	\checkmark									
Cinnamon & Raisin Bagel with Butter			Х												
Cinnamon & Raisin Bagel With Herb & Garlic Cream Cheese Product			Х		Х	\checkmark					\checkmark	\checkmark			
Cinnamon & Raisin Bagel With Regular Cream Cheese Product			Х		Х	\checkmark					\checkmark	\checkmark			
Egg BLT Bagel with Cinnamon & Raisin Bagel															
Egg BLT Bagel with Everything Bagel															
Egg BLT Bagel with Multigrain Bagel															
Egg BLT Bagel with Plain Bagel															
Egg BLT Bagel with Sesame Bagel															
Egg McMuffin				\checkmark	\checkmark	\checkmark									
English Muffin with Butter					\checkmark										
Everything Bagel with Butter			\checkmark		\checkmark	X					\checkmark				
Everything Bagel With Herb & Garlic Cream Cheese Product					X	x					\checkmark				
Everything Bagel With Regular Cream Cheese Product			\checkmark		Х	x					\checkmark				
Hash Browns															
Hotcakes with Syrup and Butter				\checkmark	\checkmark	\checkmark					\checkmark				

	uts	Nuts	Be					fish	ard	hites	at	N			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Multigrain Bagel with Butter			\checkmark		\checkmark	Х					\checkmark	\checkmark	\checkmark	\checkmark	
Multigrain Bagel With Herb & Garlic Cream Cheese Product			\checkmark		Х	Х					\checkmark	\checkmark	\checkmark	\checkmark	
Multigrain Bagel With Regular Cream Cheese Product			\checkmark		Х	Х					\checkmark	\checkmark	\checkmark	\checkmark	
Plain Bagel With Butter			Х		\checkmark	Х					\checkmark	\checkmark			
Plain Bagel With Herb & Garlic Cream Cheese Product			Х		Х	Х					\checkmark	\checkmark			
Plain Bagel With Regular Cream Cheese Product															
Sausage 'N Egg McMuffin					\checkmark	\checkmark									
Sausage and Hash Brown More-Ning McWrap					\checkmark										
Sausage McGriddles						\checkmark					\checkmark	\checkmark			
Sausage McMuffin					\checkmark	\checkmark									
Sausage 'N Egg Bagel with Cinnamon & Raisin Bagel			Х	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
Sausage 'N Egg Bagel with Everything Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Sausage 'N Egg Bagel with Multigrain Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark	\checkmark	\checkmark	
Sausage 'N Egg Bagel with Plain Bagel			Х		\checkmark	\checkmark					\checkmark	\checkmark			
Sausage 'N Egg Bagel with Sesame Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Sausage, Egg & Cheese McGriddles				\checkmark	\checkmark	\checkmark									
Sesame Bagel with Butter			\checkmark		\checkmark	Х					\checkmark				
Sesame Bagel With Herb & Garlic Cream Cheese Product			\checkmark		Х	Х					\checkmark				
Sesame Bagel With Regular Cream Cheese Product			\checkmark		Х	Х					\checkmark				
Traditional Breakfast - White Toast (Québec)				\checkmark	\checkmark										

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	lustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
McCafé & Bakery	۵.		S	Ш	2	S	L	S	Σ	S	5	Ω	0	£	⊢
Americano - Large															
Americano - Medium															
Americano - Small															
Authentic French Croissant		X		\checkmark	\checkmark	X					\checkmark				
Banana Chocolate Chunk Muffin				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark	\checkmark		
Blueberry Cream Cheese Danish				\checkmark	\checkmark	X					\checkmark				
Blueberry Muffin				\checkmark	\checkmark	\checkmark					\checkmark		\checkmark		
Blueberry Pomegranate Protein Smoothie - Medium															
Blueberry Pomegranate Protein Smoothie - Small															
Dhucherry Demographete															

Blueberry Pomegranate Real Fruit Smoothie with yogurt - Large			\checkmark						
Blueberry Pomegranate Real Fruit Smoothie with yogurt - Medium			\checkmark						
Blueberry Pomegranate Real Fruit Smoothie with yogurt - Small									
Blueberry Pomegranate Real Fruit Smoothie with yogurt - Snack Size			\checkmark						
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Large									
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Medium									
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Small									
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Snack Size									
Cappuccino with 2% milk - Large			\checkmark						
Cappuccino with 2% milk - Medium			\checkmark						
Cappuccino with 2% milk - Small			\checkmark						
Cappuccino with skim milk - Large			\checkmark						
Cappuccino with skim milk - Medium			\checkmark						
Cappuccino with skim milk - Small			\checkmark						
Caramel Cappuccino with 2% milk - Large			\checkmark	\checkmark					
Caramel Cappuccino with 2% milk - Medium			\checkmark	\checkmark					

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Caramel Cappuccino with 2% milk - Small					\checkmark	\checkmark									
Caramel Cappuccino with skim milk - Large					\checkmark	\checkmark									
Caramel Cappuccino with skim milk - Medium					\checkmark	\checkmark									
Caramel Cappuccino with skim milk - Small					\checkmark	\checkmark									
Caramel Iced Coffee - Large						\checkmark									
Caramel Iced Coffee - Medium						\checkmark									
Caramel Iced Coffee - Small					\checkmark	\checkmark									
Caramel Latte with 2% milk - Large					\checkmark	\checkmark									
Caramel Latte with 2% milk - Medium					\checkmark	\checkmark									
Caramel Latte with 2% milk - Small					\checkmark	\checkmark									
Caramel Latte with skim milk - Large					\checkmark	\checkmark									
Caramel Latte with skim milk - Medium					\checkmark	\checkmark									
Caramel Latte with skim milk - Small					\checkmark	\checkmark									
Carrot Muffin				\checkmark	\checkmark	\checkmark					\checkmark				
Chocolate Chunk Brownie	X	X				\checkmark									
Chocolate Hazelnut Croissant		\checkmark		\checkmark	\checkmark	\checkmark					\checkmark			Х	
Coffee Iced Frappé - Large					\checkmark										
Coffee Iced Frappé - Medium					\checkmark										
Coffee Iced Frappé - Small					\checkmark										
Coffee Iced Frappé - Snack Size					\checkmark										
Cranberry Orange Muffin				\checkmark	\checkmark	\checkmark					\checkmark		\checkmark		
Deluxe Hot Chocolate with 2% milk - Large					\checkmark	\checkmark									
Deluxe Hot Chocolate with 2% milk - Medium					\checkmark	\checkmark									
Deluxe Hot Chocolate with 2% milk - Small					\checkmark	\checkmark									
Deluxe Hot Chocolate with skim milk - Large					\checkmark										
Deluxe Hot Chocolate with skim milk - Medium					\checkmark	\checkmark									
Deluxe Hot Chocolate with skim milk - Small					\checkmark	\checkmark									

	ts	Nuts	Je					lsh	p	ites					e
	Peanuts	Tree N	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Double Espresso															
Espresso															
Freestone Peach Danish				\checkmark	\checkmark	Х					\checkmark				
French Vanilla Cappuccino with 2% milk - Large					\checkmark	\checkmark									
French Vanilla Cappuccino with 2% milk - Medium					\checkmark	\checkmark									
French Vanilla Cappuccino with 2% milk - Small					\checkmark	\checkmark									
French Vanilla Cappuccino with skim milk - Large					\checkmark	\checkmark									
French Vanilla Cappuccino with skim milk - Medium					\checkmark	\checkmark									
French Vanilla Cappuccino with skim milk - Small					\checkmark	\checkmark									
French Vanilla Iced Coffee - Large					\checkmark	\checkmark									
French Vanilla Iced Coffee - Medium					\checkmark										
French Vanilla Iced Coffee - Small					\checkmark	\checkmark									
French Vanilla Latte with 2% milk - Large					\checkmark	\checkmark									
French Vanilla Latte with 2% milk - Medium					\checkmark	\checkmark									
French Vanilla Latte with 2% milk - Small					\checkmark	\checkmark									
French Vanilla Latte with skim milk - Large					\checkmark	\checkmark									
French Vanilla Latte with skim milk - Medium					\checkmark										
French Vanilla Latte with skim milk - Small					\checkmark	\checkmark									
Fruit and Fibre Muffin				\checkmark	\checkmark	\checkmark					\checkmark				
Latte with 2% milk -															

Large		N					
Latte with 2% milk - Medium		\checkmark					
Latte with 2% milk - Small		\checkmark					
Latte with skim milk - Large		\checkmark					
Latte with skim milk - Medium		\checkmark					
Latte with skim milk - Small		\checkmark					
Mango Pineapple Protein Smoothie - Medium							

	lts	luts	Je					ish	lrd	ites	4.4	•			e
	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Mango Pineapple Protein Smoothie - Small															
Mango Pineapple Real Fruit Smoothie with yogurt - Large															
Mango Pineapple Real Fruit Smoothie with yogurt - Medium					\checkmark										
Mango Pineapple Real Fruit Smoothie with yogurt - Small					\checkmark										
Mango Pineapple Real Fruit Smoothie with yogurt - Snack Size					\checkmark										
Mango Pineapple Real Fruit Smoothie without yogurt - Large															
Mango Pineapple Real Fruit Smoothie without yogurt - Medium															
Mango Pineapple Real Fruit Smoothie without yogurt - Small															
Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size															
Mini Chocolatine				\checkmark	\checkmark	\checkmark					\checkmark				
Mocha with 2% milk - Large						\checkmark									
Mocha with 2% milk - Medium					\checkmark	\checkmark									
Mocha with 2% milk - Small					\checkmark	\checkmark									
Mocha with skim milk - Large					\checkmark	\checkmark									
Mocha with skim milk - Medium					\checkmark	\checkmark									
Mocha with skim milk - Small					\checkmark	\checkmark									
New Banana Mango Pineapple Protein Smoothie - Medium					\checkmark										
New Banana Mango Pineapple Protein Smoothie - Small					\checkmark										

Smoothie - Small								
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Large			\checkmark					
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Medium			\checkmark					
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Small			\checkmark					
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Snack Size			\checkmark					

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Large															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Medium															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Small															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size															
New Strawberries and Cream Muffin				\checkmark	\checkmark						\checkmark		\checkmark		
OREO Cookie Coffee Iced Frappé - Large						\checkmark					\checkmark				
OREO Cookie Coffee Iced Frappé - Medium						\checkmark					\checkmark				
OREO Cookie Coffee Iced Frappé - Small						\checkmark					\checkmark				
OREO Cookie Coffee Iced Frappé - Snack Size						\checkmark					\checkmark				
Premium Roast Brewed Coffee - Extra Large															
Premium Roast Brewed Coffee - Large															
Premium Roast Brewed Coffee - Medium															
Premium Roast Brewed Coffee - Small															
Premium Roast Brewed Iced Coffee - Large					\checkmark										
Premium Roast Brewed Iced Coffee - Medium					\checkmark										
Premium Roast Brewed Iced Coffee - Small					\checkmark										
Premium Tea - Extra Large															
Premium Tea - Large															
Premium Tea - Medium															
Premium Tea - Small															
RMHC Brownie Cookie				\checkmark	\checkmark	\checkmark					\checkmark				
RMHC Chocolate Caramel Cookie				\checkmark	\checkmark	\checkmark						\checkmark			
RMHC Chocolate Chunk Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
RMHC Lil'Gem Cookie					\checkmark	\checkmark									
Salted Caramel Apple Danish				\checkmark	\checkmark	X									

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Strawberry & Banana Protein Smoothie - Medium															
Strawberry & Banana Protein Smoothie - Small															
Strawberry & Banana Real Fruit Smoothie with yogurt - Medium															
Strawberry & Banana Real Fruit Smoothie with yogurt - Small					\checkmark										
Strawberry & Banana Real Fruit Smoothie with yogurt - Large					\checkmark										
Strawberry & Banana Real Fruit Smoothie without yogurt - Large															
Strawberry & Banana Real Fruit Smoothie without yogurt - Medium															
Strawberry & Banana Real Fruit Smoothie without yogurt - Small															
Strawberry & Banana Real Fruit Smoothie without yogurt - Snack Size															
Strawberry Cream Cheese Danish				\checkmark	\checkmark	Х					\checkmark				
Sugar Free Vanilla Cappuccino with 2% milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with 2% milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with 2% milk - Small					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with skim milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with skim milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with skim milk - Small					\checkmark					\checkmark					
Sugar Free Vanilla Iced Coffee - Large					\checkmark					\checkmark					
Sugar Free Vanilla Iced Coffee - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Iced Coffee - Small										\checkmark					
Sugar Free Vanilla Latte with 2% milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Latte with 2% milk - Medium										\checkmark					
Sugar Free Vanilla Latte with 2% milk - Small					\checkmark					\checkmark					

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Sugar Free Vanilla Latte with skim milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Latte with skim milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Latte with skim milk - Small					\checkmark					\checkmark					
Vanilla Chai Iced Frappé - Large					\checkmark										
Vanilla Chai Iced Frappé - Medium					\checkmark										
Vanilla Chai Iced Frappé - Small					\checkmark										
Vanilla Chai Iced Frappé - Snack Size					\checkmark										

	lts	Nuts	ре					ish	Ird	ites	ىب	•			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Beef															
Bacon & Cheddar Angus															
Big Mac					\checkmark	\checkmark									
Cheeseburger					\checkmark	\checkmark									
Double Big Mac					\checkmark	\checkmark									
Double Cheeseburger					\checkmark	\checkmark									
Double Quarter Pounder with Cheese					\checkmark	\checkmark									
Double Quarter Pounder without Cheese			\checkmark						\checkmark		\checkmark	\checkmark			
Hamburger			Х						\checkmark		\checkmark	\checkmark			
McDouble					\checkmark	\checkmark									
Mighty Angus Carolina BBQ															
Mighty Angus Original															
Quarter Pounder BLT															
Quarter Pounder with Cheese					\checkmark	\checkmark									
Quarter Pounder without Cheese			\checkmark						\checkmark		\checkmark	\checkmark			

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Chicken			0,			0,		07		07					
10 Chicken McNuggets											\checkmark				
20 Chicken McNuggets											\checkmark				
4 Chicken McNuggets											\checkmark				
6 Chicken McNuggets											\checkmark				
BLT with Crispy Chicken															
BLT with Grilled Chicken															
Chicken & Bacon McWrap® with Crispy Chicken											\checkmark				
Chicken & Bacon McWrap® with Grilled Chicken											\checkmark				
Chipotle Chicken Snack Wrap with Crispy Chicken					\checkmark						\checkmark				
Chipotle Chicken Snack Wrap with Grilled Chicken					\checkmark						\checkmark				
Junior Chicken			Х	\checkmark					\checkmark		\checkmark	\checkmark			
McChicken			\checkmark	\checkmark		\checkmark			\checkmark		\checkmark	\checkmark			
New Caesar McWrap® with Crispy Chicken				\checkmark	\checkmark						\checkmark				
New Caesar McWrap® with Grilled Chicken				\checkmark	\checkmark						\checkmark				
New Cajun McWrap® with Crispy Chicken				\checkmark					\checkmark		\checkmark				
New Cajun McWrap® with Grilled Chicken				\checkmark					\checkmark		\checkmark				
Ranch Chicken Snack Wrap with Crispy Chicken				\checkmark							\checkmark				
Ranch Chicken Snack Wrap with Grilled Chicken				\checkmark	\checkmark						\checkmark				
Sweet Chili Signature McWrap with Crispy Chicken				\checkmark											
Sweet Chili Signature McWrap with Grilled Chicken					\checkmark				\checkmark		\checkmark				
Tomato & Mozzarella with Crispy Chicken															
Tomato & Mozzarella with Grilled Chicken															

	uts	Nuts	Be					ellfish	tard	ulphites	at	Ň			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shell	Must	Sulpł	Wheat	Barley	Oat	Rye	Triticale
Sandwiches & Wraps															
Chicken & Bacon McWrap® with Crispy Chicken											\checkmark				
Chicken & Bacon McWrap® with Grilled Chicken											\checkmark				
Chipotle Chicken Snack Wrap with Crispy Chicken					\checkmark						\checkmark				
Chipotle Chicken Snack Wrap with Grilled Chicken															
Double Filet-O-Fish				\checkmark					\checkmark						
Filet-O-Fish				\checkmark					\checkmark						
Fish & Chips							\checkmark				\checkmark				
New Caesar McWrap® with Crispy Chicken				\checkmark	\checkmark						\checkmark				
New Caesar McWrap® with Grilled Chicken				\checkmark	\checkmark						\checkmark				
New Cajun McWrap® with Crispy Chicken				\checkmark					\checkmark		\checkmark				
New Cajun McWrap® with Grilled Chicken				\checkmark					\checkmark		\checkmark				
Ranch Chicken Snack Wrap with Crispy Chicken				\checkmark	\checkmark						\checkmark				
Ranch Chicken Snack Wrap with Grilled Chicken				\checkmark	\checkmark						\checkmark				
Sweet Chili Signature McWrap with Crispy Chicken									\checkmark						
Sweet Chili Signature McWrap with Grilled Chicken				\checkmark	\checkmark				\checkmark		\checkmark				

	uts	Nuts	me					fish	ard	ulphites	at	Ž			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulp	Wheat	Barley	Oat	Rye	Triticale
Salads															
Asian Cashew Salad with Crispy Chicken															
Asian Cashew Salad with Grilled Chicken															
Caesar Bacon Salad with Crispy Chicken					\checkmark	\checkmark					\checkmark				
Caesar Bacon Salad with Grilled Chicken					\checkmark	\checkmark					\checkmark				
Caesar Side Salad					\checkmark	\checkmark					\checkmark				
Garden Fresh Side Salad					\checkmark										
Greek Feta Salad with Crispy Chicken					\checkmark					\checkmark	\checkmark				
Greek Feta Salad with Grilled Chicken					\checkmark					\checkmark					

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	Peanuts	ee Nuts	Sesame	Eggs	<u>×</u>	>	ų	Shellfish	Mustard	Sulphites	Wheat	Barley	L.	e	Triticale
	Ре	Tree	Se	Ш	Milk	Soy	Fish	Sh	B	Su	Ň	Ba	Oat	Rye	
Happy Meal															
1% Partly Skimmed Milk - 250 ml															
4 Chicken McNuggets											\checkmark				
Apple Slices															
Cheeseburger					\checkmark	\checkmark									
Dasani Water															
Hamburger			X						\checkmark		\checkmark	\checkmark			
Hotcakes				\checkmark	\checkmark	\checkmark					\checkmark				
Minute Maid Apple Juice - Small															
Minute Maid Orange Juice - Small															
Ranch Chicken Snack Wrap with Crispy Chicken				\checkmark	\checkmark						\checkmark				
Ranch Chicken Snack Wrap with Grilled Chicken				\checkmark	\checkmark						\checkmark				
Strawberry Yogurt Tube															
World Famous Fries - Mini															
World Famous Fries - Small															

	Peanuts	Tree Nuts	Sesame	Eggs	<u>×</u>		5	Shellfish	ustard	Sulphites	Wheat	Barley	t	C	Triticale
	Pe	Tre	ů N	р В Ш	Milk	Soy	Fish	Sh	N N N	Su	M	Ba	Oat	Rye	
Beverages															
1% Partly Skimmed Milk - 250 ml					N										
Barq's Root Beer - Child															
Barq's Root Beer - Large															
Barq's Root Beer - Medium															
Barq's Root Beer - Small															
Coca-Cola - Child															
Coca-Cola - Large															
Coca-Cola - Medium															
Coca-Cola - Small															
Coca-Cola Zero - Child															
Coca-Cola Zero - Large															
Coca-Cola Zero - Medium															
Coca-Cola Zero - Small															
Dasani Water															
Diet Coke - Child															
Diet Coke - Large															
Diet Coke - Medium															
Diet Coke - Small															
Fruitopia Orange Groove - Child															
Fruitopia Orange Groove - Large															
Fruitopia Orange Groove - Medium															
Fruitopia Orange Groove - Small															
Fruitopia Strawberry Passion Awareness - Child															
Fruitopia Strawberry Passion Awareness - Large															

Fruitopia Strawberry Passion Awareness - Medium								
Fruitopia Strawberry Passion Awareness - Small								
Higgins & Burke Hot Chocolate			\checkmark					
Minute Maid Apple Juice - Large								
Minute Maid Apple Juice - Medium								
Minute Maid Apple Juice - Small								

	ts	luts	е					sh	D	ites					Ð
	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Minute Maid Orange Juice - Large															
Minute Maid Orange Juice - Medium															
Minute Maid Orange Juice - Small															
Nestea Iced Tea - Child															
Nestea Iced Tea - Large															
Nestea Iced Tea - Medium															
Nestea Iced Tea - Small															
Sprite - Child															
Sprite - Large															
Sprite - Medium															
Sprite - Small															

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	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Snacks & Sides															
Apple Slices															
Banana Chocolate Chunk Muffin				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$	$\checkmark$	$\checkmark$		
Blueberry Muffin				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$	$\checkmark$	$\checkmark$		
Carrot Muffin					$\checkmark$	$\checkmark$					$\checkmark$				
Cranberry Orange Muffin				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$		$\checkmark$		
Fruit and Fibre Muffin				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$				
New Strawberries and Cream Muffin				$\checkmark$	$\checkmark$						$\checkmark$		$\checkmark$		
Poutine															
RMHC Brownie Cookie				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$				
RMHC Chocolate Caramel Cookie				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$	$\checkmark$			
RMHC Chocolate Chunk Cookie				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$	$\checkmark$			
RMHC Lil'Gem Cookie				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$	$\checkmark$	$\checkmark$		
World Famous Fries - Large															
World Famous Fries - Medium															
World Famous Fries - Mini															
World Famous Fries - Small															

	Peanuts	e Nuts	Sesame	S			6	Shellfish	Mustard	Sulphites	eat	ley			Triticale
	Реа	Tree	Ses	Eggs	Milk	Soy	Fish	She	Mus	Sul	Wheat	Barley	Oat	Rye	Triti
Desserts & Shakes						,					,				
Baked Apple Pie															
Baked Strawberry Pie						$\checkmark$					$\checkmark$				
Chocolate Birthday Cake					$\checkmark$	$\checkmark$					$\checkmark$				
Chocolate Nanaimo McFlurry - Regular Size						$\checkmark$					$\checkmark$				
Chocolate Nanaimo McFlurry - Snack Size						$\checkmark$					$\checkmark$				
Chocolate Triple Thick Milkshake - Large					$\checkmark$										
Chocolate Triple Thick Milkshake - Medium					$\checkmark$										
Chocolate Triple Thick Milkshake - Small					$\checkmark$										
Hot Caramel Sundae															
Hot Fudge Sundae					$\checkmark$	$\checkmark$									
M&M's McFlurry - Regular Size	Х				$\checkmark$	$\checkmark$									
M&M's McFlurry - Snack Size	Х				$\checkmark$	$\checkmark$									
Mini Reese's Pieces McFlurry - Snack															
Mini Reese's Pieces McFlurry - Regular															
Oreo McFlurry - Regular Size						$\checkmark$					$\checkmark$				
Oreo McFlurry - Snack Size						$\checkmark$					$\checkmark$				
SKOR McFlurry - Regular Size		$\checkmark$			$\checkmark$	$\checkmark$									
SKOR McFlurry - Snack Size		$\checkmark$													
Strawberry Triple Thick Milkshake - Large					$\checkmark$										
Strawberry Triple Thick Milkshake - Medium															
Strawberry Triple Thick Milkshake - Small					$\checkmark$										
Strawberry Yogurt Tube					$\checkmark$										
Vanilla Birthday Cake				$\checkmark$	$\checkmark$	$\checkmark$					$\checkmark$				
Vanilla Cone					$\checkmark$	$\checkmark$					$\checkmark$				
Vanilla McFlurry Base - Regular portion					$\checkmark$										
Vanilla McFlurry Base - Snack portion					$\checkmark$										
Vanilla Triple Thick Milkshake - Large					$\checkmark$										

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Vanilla Triple Thick Milkshake - Medium															
Vanilla Triple Thick Milkshake - Small															

	S	Nuts	Û					ų	σ	es					Ð
	Peanuts	Tree Nu	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Condiments															
Becel Margarine Portion					$\checkmark$	$\checkmark$									
Butter Portion					$\checkmark$										
Butter Portion Whipped					$\checkmark$										
Chicken McNuggets Barbeque Sauce						$\checkmark$			$\checkmark$		$\checkmark$				
Chicken McNuggets Hot Mustard Sauce				$\checkmark$					$\checkmark$						
Chicken McNuggets Sweet & Sour Sauce						$\checkmark$			$\checkmark$		$\checkmark$				
Granulated Peanuts Packet	$\checkmark$														
Honey Packet															
Hotcake Syrup Packet															
Ketchup Packet															
Maple Brown Sugar Packet															
McChicken Sauce Packet				$\checkmark$					$\checkmark$						
Peanut Butter Packet	$\checkmark$					$\checkmark$									
Pure Kraft Asiago Caesar Dressing				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$				$\checkmark$				
Pure Kraft Calorie-Wise Asiago Caesar Dressing				$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$				$\checkmark$				
Pure Kraft Greek Feta Dressing															
Pure Kraft Sesame Dressing			$\checkmark$			$\checkmark$					$\checkmark$				
Pure Kraft Sweet Balsamic Vinaigrette Dressing															
Salsa Sauce Packet															
Strawberry Jam Packet															
Vinegar Packet															

	Peanuts	e Nuts	Sesame	ß	×	>	ج	Shellfish	stard	Sulphites	Wheat	Barley	÷	(D	Triticale
McPicks	Pe	Tree	Sei	Eggs	Milk	Soy	Fish	She	Mu	Sul	4M	Bai	Oat	Rye	L İ
Baked Apple Pie						$\checkmark$					$\checkmark$				
Cheeseburger					$\checkmark$	$\checkmark$									
Hamburger			X						$\checkmark$			$\checkmark$			
Junior Chicken			X	$\checkmark$					$\checkmark$		$\checkmark$	$\checkmark$			
McDouble					$\checkmark$	$\checkmark$									
Sausage McMuffin					$\checkmark$	$\checkmark$									
Vanilla Cone					$\checkmark$	$\checkmark$					$\checkmark$				
World Famous Fries – Small															

Allergen key:



## X = may contain the allergen

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