

PADDOCK + FARM

PLEASE ORDER AND PAY AT COUNTER

IT'S ALL GOOD. **BREAKFAST** SERVED MONDAY TO SATURDAY FROM 8AM -11.30AM

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| THE BUTCHERS BLOCK-2 FREE RANGE EGGS, NITRITE FREE BACON, 2 SAUSAGES, HASH BROWN, SMOKED TOMATO, MUSHROOMS, GF TOAST (GF) | 25 |
| THE PALEO BREAKFAST PLATE - HOUSE SMOKED FREE RANGE CHICKEN, SPECK SAURKRAUT, SWEET POTATO ROSTI, 2 FREE RANGE EGGS (GF P LCHF AIP) Add Primal Alternative Paleo Toast +2 | 23 |
| EGGS ON TOAST – 2 FREE RANGE EGGS, GF TOAST (GF) Add Nitrite free Bacon +4 Add Sausage +4 Add Mushrooms + 4 | 12 |
| HOT HOUSE SMOKED SALMON, HOUSE PRESERVED LEMON, GREENS, CUCUMBER, POACHED EGG (P GF LCHF AIP) Add GF toast + 2 Add Primal Alternative Paleo Toast +2 | 24 |
| PALEO BREAKFAST PIZZA, SUGAR FREE HAM, PALEO SAUSAGE, GREENS, POACHED EGG ON PRIMAL ALTERNATIVE PALEO PIZZA BASE (P GF LCHF AIP) Add Cheese + 2 | 23 |
| ORGANIC ROOKWURST, KRAUT– SMOKED DUTCH SAUSAGE, ORGANIC TURMERIC KRAUT SUGAR FREE SPECK, FRIED EGG, MUSTARDAISE (GF LCHF P) Add Sweet Potato Fries +4 | 18 |
| SPICED CRANBERRY CACAO CHIA PUDDING, WALNUT CRUMBLE, TOASTED COCONUT, ORGANIC MAPLE DRIZZLE (P LCHF GF V) | 15 |
| PALEO PANCAKES, ORGANIC MAPLE SYRUP, SEASONAL FRUIT (GF P LCHF V) Swap fruit for Maple Bacon + 2 | 18 |

BIG BUZZ COFFEE BY BLACKLIST COFFEE ROASTERS

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| BIG BUZZ CINNAMON BULLETPROOF | 5 |
| FLAT WHITE, LATTE, LONG BLACK, MACCHIATO, CAPPUCINO | 4 |
| MOCHA, MACCHIATO TOPPED UP | 4.50 |
| Extra Shot +1, In a Mug +.50c, Soy, Almond +.50 | |
| ICED LATTE | 5 |
| ICED MOCHA | 5.50 |
| HOT CHOCOLATE | 4 |
| SPICED HOT CHOCOLATE (PUMPKIN PIE SPICE) | 4.50 |
| ORGANIC TEA BY YARRA VALLEY ORGANICS- ENGLISH BREAKFAST, PEPPERMINT OR FUNKY SPICED CHAI | 4.50 |
| COLD PRESSED JUICE BY IMPRESSED, See mini fridge for big flavours | 6 |
| ROK ORGANIC KOMBUCHA | 4.95 |

ASK US ABOUT OUR KOMBUCHA MOCKTAIL SPECIAL \$6

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IT'S ALL GOOD. **LUNCH** SERVED MONDAY TO SATURDAY FROM 12-2PM

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| PALEO PIZZA, A SELECTION OF 3 OF OUR PALEO COMPLIANT SMALL GOODS, GREENS ON PRIMAL ALTERNATIVE PALEO PIZZA BASE (GF LCHF P) Add Cheese + 2 | 25 |
| PAN FRIED BARRAMUNDI, THAI CUCUMBER & SNOW PEA SALAD, TOASTED ALMONDS (P GF LCHF AIP) | 24 |
| LEMON GRASS CHICKEN SALAD BOWL (P GF LCHF AIP) | 18 |
| CONFIT DUCK MARYLAND, SMOKED PUMPKIN, DUCK FAT SWEET POTATO, LEMON KALE (P LCHF GF AIP) | 26 |
| ASIAN STYLE BROTH OF THE DAY, ZUCCHINI NOODLES, BRISKET (P GF LCHF) | 18 |
| INDIAN STYLE ORGANIC BEEF MINCE & ORGANIC TURMERIC CAULI RICE (P GF LCHF) | 22 |
| CAULIFLOWER FRIED RICE, PALEO ORGANIC LAP CHEUNG, OMELETTE (P GF LCHF AIP) | 22 |
| WAGYU BURGER & FRIES, 180GM WAGYU PATTY, SMOKED TOMATO RELISH, HOUSE NITRITE FREE BACON, COS, CHEDDAR ON GF BUN (GF) Add Egg +2; Add Mushrooms +2 | 22 |
| SLOW COOKED BRISKET, KIMCHI AOILI, SWEET POTATO FRIES (GF LCHF) | 18 |

BIG BUZZ COFFEE BY BLACKLIST ROASTERS

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|---|------|
| BIG BUZZ CINNAMON BULLETPROOF | 5 |
| FLAT WHITE, LATTE, LONG BLACK, MACCHIATO, CAPPUCINO | 4 |
| MOCHA, SPICED MOCHA, SPICED LATTE, MACCHIATO TOPPED UP Extra Shot +1, In a Mug +.50c, Soy, Almond +.50 | 4.50 |
| ICED LATTE | 5 |
| ICED MOCHA Add Ice Cream + 2 | 5.50 |
| HOT CHOCOLATE | 4 |
| SPICED HOT CHOCOLATE (PUMPKIN PIE SPICE) | 4.50 |
| ORGANIC TEA BY YARRA VALLEY ORGANICS- ENGLISH BREAKFAST, PEPPERMINT, FUNKY SPICED CHAI | 4.50 |
| COLD PRESSED JUICE BY IMPRESSED, See mini fridge for big flavours | 6 |
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