

#### SANDWICH / ROLL / WRAP.

HAM, CHEESE, TOMATO TOASTIE	\$8.9
BACON & EGG ROLL fried eggs, bacon, and relish on a Turkish roll	\$12.5
MUSHROOM SANDWICH [V, GFO, DFO] roasted thyme mushrooms, feta, pesto	\$13.9
AVOCADO SANDWICH [V, GFO, DFO] sliced tomatoes, kale, feta, dukkah spice	\$13.9
CAB SANDWICH [DF, GFO] grilled chicken, avocado, bacon, special sauce	\$15.5
LAMB SANDWICH [DF, GFO] grilled lamb, pickled beetroot, cucumber, rocket, rosemary	\$14.5
BLT / SLT / HLT [DF, GFO] your choice of bacon, sujuk, or grilled haloumi, with lettuce, tomato & aioli on a Turkish roll	\$14.5
PANKO CRUMBED CHICKEN SCHNITZEL ROLL [DF] chicken schnitzel, coleslaw, pickled jalapeño, on a Turkish roll	\$15.9
FALAFEL OR CHICKEN WRAP [DF] your choice of falafel or chicken, babaganoush, pickled turnips, tomato, onion, parsley, and lettuce	\$14.5
LAMB WRAP [DF] grilled lamb, lettuce, tomatoes, pickled turnips, confit garlic, onion, tzatziki yogurt	\$14.5

## SIDES.

- babaganoush / tzatziki yogurt / beetroot hummus /
  tomato relish / sriracha hollandaise [\$2]
  tomato relish / sriracha hollandaise [\$2]
- roasted tomato / hash browns [\$3.9]
- feta [\$4.5]

- 2] grilled haloumi / spiced rice [\$4.9] • side chips [\$4.5] bowl chips [\$7.5]
  - house side salad [\$7.5]

- ale / PROTEINS
- bacon / sujuk [\$5.5]
- smoked salmon [\$6.5]
- grilled chicken / grilled lamb [\$6.9]

Mon - Fri | 7:30AM - 3PM Sat, Sun, Public Holidays | 8AM - 3PM Brunswick, VIC 3056 (22) 0200 0720

\$8.5

\$11.5

\$15.9

\$19.5

\$18.5

\$18.5

\$18.9

\$21.5

(Gluten Free +1.5)

w/ choice of peanut butter, jam, vegemite, or Nutella

on your choice of sourdough or multigrain toast

roasted oats, goji berries, pumpkin seeds, sunflower seeds, coconut flakes, sultana, fig & dried banana, served w/ coconut yogurt & your choice of milk

smashed avocado, corn & tomato salsa, lotus root, feta, cucumber w/ a poached egg, on toast

BFS TROPICAL GRANOLA [DF, VG, DFO]

SMASHED AVOCADO [V, GFO, DFO]

BABAGANOUSH ON TOAST [V, GFO, DF]

THYME MUSHROOM ON TOAST [V, GFO]

mousse, kale, beetroot hummus & radish

ZUCCHINI & CORN FRITTERS [DF]

BRUNCH MEZZE [DFO, VGO]

eggs, and Zaatar bread

babaganoush, grilled eggplant, halloumi, cherry tomatoes, avocado mousse, pickled turnips, w/ a

thyme-roasted mushrooms, feta, beetroot hummus, kale, roasted pine nut pesto, w/ a poached egg

served w/ a poached egg, chilli & corn salsa, avocado

Middle-Eastern style breakfast served w/ sujuk, falafel, pickled turnips, Greek salad, tzatziki yogurt, scrambled

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Enquire with our staff about booking functions!

bakedeggs

### MORE MAINS.

SMOKED SALMON BENEDICT [GFO] smoked salmon, poached eggs, kale, avocado mousse, cucumber, sriracha hollandaise on toast	\$19.9
LAMB BENEDICT [GFO] roasted lamb, poached eggs, beetroot hummus salad, sriracha hollandaise w/ feta dressing salad on toast	\$19.9
CLASSIC WAGYU BEEF BURGER [GFO, DFO] 180g wagyu beef, cheese, lettuce, tomato salsa, gherkins, chef's special sauce, on a brioche bun, served w/ chips	\$19.9
SALADS.	
MOROCCAN CHICKEN SALAD [GF, DF] marinated chicken, spiced rice, corn, kale, cherry tomato, Spanish onion w/ lemon dressing, and side of tzatziki sauce	\$18.9
LAMB SALAD [GF, DF] roasted lamb, rocket, roasted eggplant, pickled beetroot, onion, cucumber, red radish w/ balsamic dressing	\$18.9
SUPER SALAD BOWL [GF, DF] wild rice and quinoa, kale, roasted eggplant, avocado, corn, roasted carrot, cherry tomatoes, thyme and lemon dressing w/ smoked salmon & a poached egg	\$19.5
KIDC	

#### KIDS.

EGG-IN-A-HOLE	fried egg in toast, bacon	\$8.9
SCHNITZEL SAND	WICH lettuce, tomato & cheese	\$9.9

V = Vegetarian | VG = Vegan | DF = Dairy Free | GF = Gluten Free

\*Please note that not all changes to the menu can be accommodated, we kindly appreciate your understanding.

\*Bills cannot be split on weekends, busy periods, and Public Holidays \*A 10% surcharge is applied on Public Holidays

MAINS.

EGGS ON TOAST

poached egg

TOAST by Noisette (2 pcs)

poached / scrambled / fried





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#### COFFEE.

Toby's Estate Brunswick Blend black coffee served with a rotating single origin	
Small	\$4.2
Large	\$4.8
Filter	\$5.5
Cold Brew	\$5
Vietnamese Iced Coffee	\$5
Iced Long Black	\$4.8
lced Latte	\$4.9
Chai Latte	\$5
Dirty Chai Latte (chai + shot of coffee)	\$5.5
Iced Chocolate / Iced Coffee / Iced Mocha	\$7.5
(served w/ ice-cream)	
Extrac	

#### Extras.

Bonsoy	+0.5
Almond / Lactose Free / Oatmilk	+0.8
Extra Shot / Single Origin	+0.5
Caramel / Vanilla / Hazelnut	+0.5

### TEA.

by Larson & Thom	ipson	
Black Tea	English Breakfast	\$5.5
	Earl Grey	\$5.5
Green Tea	Yunnan	\$5.5
Herbal Tea	Lemongrass & Ginger	\$5.5
	Peppermint	\$5.5
Chai	Black	\$5.5
	Brewed w/ milk	\$5.9

### MILKSHAKES.

Vanilla / Chocolate / Strawberry	Kids	\$5.5
	Reg	\$7.5

## FRESHLY SQUEEZED JUICE.

ABC apple, beetroot, carrot	\$8.5
Lean & Green apple, cucumber, celery	\$8.5
Tropical pineapple, orange, apple	\$7.9
Rise & Shine carrot, orange, pineapple	\$7.9
Orange Green Apple	\$7.5 \$7.5

#### SMOOTHIES.

Super Greenie avocado, banana, kale, green apple, honey, coconut yogurt, coconut water	\$10.5
BFS Brekkie banana, blueberries, oats, peanut butter, honey, coconut yogurt, skim milk or choice of non-dairy	\$10.5
Berry Nice raspberries, blackberries, blueberries, banana, orange juice, honey, coconut yogurt, coconut water	\$10.5
Piña-Colada pineapple, banana, passionfruit, coconut yogurt, honey, coconut water	\$10.5

# CHILLED DRINKS.

Coke / Coke Zero / Lemonade		\$4
Lemon, Lime, & Bitters		\$5.5
Sparkling Water	Glass	\$4
	Bottle	\$8

# COCKTAILS.

G&T Garnished with lemon, classic & refreshing.	\$9
Grapefruit & Campari Grapefruit juice is the perfect addition to this classic aperitif.	\$13.9
Aperol Spritz That sweet amber cocktail we all love.	\$13.9
Mojito Rum, lime, and mint, the perfect refreshing summer cocktail.	\$13.9
Mimosa Orange juice and sparkling wine, a summertime staple.	\$9.9
Bloody Mary Good anytime you're feeling a little spicy.	\$13.9
Virgin Mary Bloody Mary sans vodka.	\$9.9
Espresso Martini Espresso, vodka, and Kahlua. The fun way to have your coffee.	\$14.9
WINE.	

rden (NSW)	Glass	\$9
	Bottle	\$42
Sparkling Brut / Pinot Grigio /		
Semillon Sauvignon Blanc		
Shiraz / Cabernet Sauvignon		
	Sparkling Brut / Pinot Grigio / Semillon Sauvignon Blanc	Bottle Sparkling Brut / Pinot Grigio / Semillon Sauvignon Blanc

#### BEER.

Thunder Road Brewing Co.	Brunswick Bitter	\$8
Tropical Splash Pacific Ale		\$8