



S P A
B O T Á N I C O



WELCOME TO SPA BOTÁNICO

A NEW ECHELON OF SPA

Integration with the natural world is an essential component of Spa Botánico. The journey begins the moment you enter the Apothecary portal, filled with local botanicals used in a myriad of ways for health, beauty and culinary purposes.

This magical room is a museum for your senses. Spa Botánico is a place to be savored; take a day and discover its enchantment as well as your own inner sanctuary.

Massages, facials and body treatments take place in highly appointed Spa Pavilions. Our Couple's Pavilions are designed for the romantics at heart where you can steam and bathe in cloistered gardens. Enjoy a Treehouse Massage while in the midst of tropical trees with trade winds wafting through.





MANOS SANTAS

Puerto Rico is steeped in a rich history of healing traditions. In the not-so-distant past, each community had their own healer known as Manos Santas. This custom still exists in some areas of the island. Manos Santas help members of their community with fresh locally collected herbs, healing oils and powerful affirmations.



THE SPA BOTÁNICO RITUAL

2 hours

The Spa Botánico Ritual begins with a cool foot bath and a consultation with our Manos Santas who will create a specific blend of dried and fresh botanicals and a custom massage oil personalized for you. After the consultation, you will sink into our outdoor stone tub surrounded by the sounds and smells of the tropics. Finish with a customized healing massage delivered with great care and perfect pressure.

MASSAGE

MANOS SANTAS MASSAGE

60/90* minutes 

Choose from our three infused massage oil blends - Vitality, Serenity or Muscle Ease. These customized botanical infusions will enhance a relaxing and flowing massage.

** The 90-minute option includes a warm herbal poultice.*

MANOS SANTAS DEEP TISSUE

60/90* minutes 

A therapeutic deep massage helps loosen tight muscles, allowing the therapist to focus on areas of tension and stress.

** The 90-minute option includes a warm herbal poultice, stretches and pressure point techniques.*

BAMBOO & STONE MUSCLE MELT

90/120 minutes

We combine bamboo massage tools and polished warm stones to give you a firm and deeply penetrating massage. Alternating the flow of stones and the rolling of bamboo across the body, aids in the release of muscle tightness and helps restore and rebalance.

SPA BOTÁNICO ATTUNEMENT

60/90 minutes

Experience a variety of massage modalities with a flowing combination of Swedish, deep tissue, warm stones, reflexology, and aromatherapy.

SWEET SURRENDER

60 minutes

Poultices + massage + sound healing + energy work
This soothing, nurturing massage has a profoundly restorative effect on your nervous system. Includes compressions, sound-healing, energy work and warm poultices to realign the body's rhythm and restore a balanced state of being.

DORADO DELUXE

90/120 minutes

Full body massage + foot + scalp + hair treatment
This deluxe body treatment begins with a cool foot bath combined with an invigorating lemongrass exfoliation to improve circulation. A nourishing scalp massage follows with a hair mask, rich in protein, to add shine and luster to your hair. While your hair and scalp are soaking up the nutrients, you will receive a custom Manos Santas Massage.

PARA MAMÁ

60/90 minutes

A customized massage to address the special needs of the mother-to-be.

Offered after 12 weeks

BODY ENHANCEMENTS

GARDEN BATHING RITUAL

Sink into our outdoor stone tub surrounded by the sounds and smells of the tropics while your Manos Santas prepares a customized blend of botanicals and herbs tailored especially for you.

30 minute add-on

NUTRIENT RICH DETOXIFYING BATH

Replenishing mineral rich bath to help remove toxins and soothe tired muscles

30 minute add-on

FOOT REFLEXOLOGY

Boost circulation with deep relaxation

30 minute add-on

AFTER SUN RITUAL

Cooling and hydrating after sun application

30 minute add-on

PURIFYING HAIR & SCALP RENEWAL

Rejuvenating and nourishing moisture infusion

15 minute add-on

EXFOLIATING BACK TREATMENT

Detoxifying and skin smoothing

15 minute add-on

STIMULATE & TONING DRY BRUSH EXFOLIATION

Dry brush exfoliation to purify skin

15 minute add-on

TARGETED MUSCLE BALM APPLICATION

Targeted treatment for muscle aches and pains

Add-in to any treatment

TREEHOUSE MESSAGES

TREEHOUSE MASSAGE

60/90 minutes

Experience an unforgettable massage in an open air Treehouse surrounded by magical sounds of nature. Massage includes stretching for increased flexibility.

DORADO DELUXE

90 minutes

In our Treehouse setting, experience an invigorating lemongrass exfoliation, a nourishing scalp treatment & hair mask, and our Manos Santas Massage.

THE HAMMOCK

60 minutes

Sway in a hammock while you receive a rhythmic compression massage, gentle stretching and pressure point techniques focused on the back, hands and feet.

THAI

90 minutes

Thai Massage consists of deep acupressure-style massage and stretching movements. Using hands, elbows, feet and legs your therapist will move you into a series of graceful stretches. No oils are used. You will wear comfortable clothes while the massage is performed on padded mats.

RITUALS FOR ONE

BOTÁNICO BEAUTY

A full day of beauty and renewal

Exfoliation + massage + facial + manicure + pedicure + hair + make-up

Treat yourself to a day of beauty with our most luxurious package that will bring a lasting glow to your skin, rejuvenate your body and soothe your soul. Begin with your choice of a detoxifying or hydrating Spa Botánico Ritual followed by our Illuminating Facial. A meticulous manicure and pedicure will refresh and nourish, and a hair wash, blow dry and makeup session will provide the finishing touch for this blissful day customized exactly for you.

SLIMMING & DETOXIFYING MARINE WRAP

90 minutes

Exfoliation + wrap + massage

Begin with a full body marine flora exfoliation, followed by a detoxifying body wrap and a relaxing scalp massage. Complete with a hydrating body massage to nourish, soften and revive the skin.

COFFEE & SEA SCRUB

90 minutes

Exfoliation + massage

A finely ground mixture of raw coffee beans, ancient salt crystals and mineral-rich sea flora are used to exfoliate the skin and re-energize the lymphatic and immune systems. Finish with a hydrating and rejuvenating massage.

RITUALS FOR ONE

TAMARIND SCRUB & MASSAGE

90 minutes

Exfoliation + massage

This body scrub and massage begins with our delicious house-made tamarind sugar scrub to promote skin healing, followed by a warm rinse and massage.

MAMÁ TO BE

90 minutes

Pregnancy exfoliation + massage

This body renewal begins with a nourishing scrub rich in antioxidants. A massage with rosehip seed and argan oil infused with extracts of lavender, geranium and rose, bring peace and harmony to mother and baby.

Offered beginning the 2nd trimester



RITUALS FOR TWO

APOTHECARY PLAY

180 minutes

Apothecary exfoliation + mud painting + steam + bath + couple's massage

Our popular couples experience is bound to awaken the playful side of your relationship and leave you feeling connected. Create your own scrub for a full body exfoliation that will take place in our private tropical garden. Next paint each other with mud before stepping into a detoxifying steam followed by a soak in our stone tub surrounded by nature. The Apothecary Play finishes with side by side massages.

TAMARIND FOR TWO

90/120 minutes

Exfoliation + bath + massage

Begins with a playful partner scrub using our house made Tamarind sugar, rich in antioxidants, followed by a soak in a salt and hibiscus flower outdoor bath for two. An outside shower prepares the skin for a luscious coconut oil massage, enhanced by our love potion.

RAINFOREST RECONNECTION

90 minutes

Couples steam + clay body painting + massage

In our outdoor private couple's garden an aromatic coconut and cinnamon salt scrub begins your time together. Paint each other with a rainforest clay to invoke a playful spirit then hydrate in our steam room. Side by side massages use a blend of three exquisite oils - *rose* the oil of love, *orange blossom* the oil of bliss, and *jasmine* for stimulating the flow of love.

RITUALS FOR TWO

NOCHE ROMANTICA BOTÁNICO

3 hours, 8 - 11 pm

All inclusive evening with private access

Spa Botánico's lush tropical sanctuary offers a flawless setting for an exclusive evening of romance and relaxation with Noche Botánico. This experience begins with a champagne toast and personalized 90 minute couples massages to reconnect and drift into a deep state of blissful relaxation. Following the massages, soak together in our purification gardens all to yourself, enjoy a steam for two and spend time together under the stars. A delicious menu prepared by our chefs will be served.

ALSO AVAILABLE FOR COUPLES

Manos Santas Massage | Dorado Deluxe | Sweet Surrender | Bamboo & Stone



Apothecary Botanicals Included

BOTÁNICO AL FRESCO SCRUBS

Spa Botánico honors Puerto Rico's botanical and healing traditions that embrace the esthetic, cosmetic and medicinal importance of local plants. This integration with the natural world is reflected in our offering which takes place entirely outdoors in a lush, private garden setting. There are two dedicated gardens - one for men and one for women. Body scrubs are blended in the spa's kitchen and combine coconut oil, shea butter and healing ingredients indigenous to Puerto Rico.

PARA DAMAS

30 minutes

COFFEE & CLOVE - to Revitalize

An uplifting treatment using caffeine, raw sugar, and clove essential oil to exfoliate, remove impurities and leave the skin feeling smooth, refined and moisturized.

SWEET LIME & LEMONGRASS - to Purify

An antioxidant rich scrub treatment to purify and calm through natural sedative properties of sour orange mixed with lemongrass. This blend of fresh citrus and oils combined with raw sugar, leaves the skin feeling supple and hydrated.

PARA CABALLEROS

30 minutes

TOBACCO & NUTMEG - to Detox

A detoxifying and immune boosting blend to help draw out impurities and leave the skin cleansed and revitalized. Sea salt exfoliates and purifies, assisting in elimination of toxins.

SPICED BAY & COCONUT - to Restore

Remarkable healing properties of bay leaves and coconut will leave the skin feeling healthy and renewed. Cinnamon combined with raw sugar exfoliates and has warming and anti-inflammatory properties.

CUSTOMIZED SKIN CARE

TRANSFORMATIVE HYDRAFACIAL™

30/60 minutes

Cleanse + exfoliation + hydration + LED light therapy

This customized high touch/high tech facial delivers significant transformative results after one treatment. Includes a HydraFacial™ exfoliation and peel that delivers the benefits of a peel without post-peel scaling, and a finishing hydration that provides nutrients for a beautiful youthful complexion. *60 minute includes a customized booster*

SERUM LAYERING FACIAL

60/90 minutes

Cleanse + serum layering + exfoliation + mask

This luxurious customized facial uses high active serums to build and improve collagen and deeply hydrate. Effectively addresses a full range of skin conditions to replenish skin and provide results instantly.

OXYGEN BOOST FACIAL

60/90 minutes

Cleanse + exfoliate + oxygen hydration + mask

A results driven facial that provides a boost of hydration, smooths the appearance of fine lines, and restores natural radiance to the skin. Perfect for travelers and those with congested skin due to environmental exposure.

DORADO ILLUMINATING FACIAL

60/90 minutes

Regenerate + brighten + energize + firm

A luxurious aromatic facial using powerful active ingredients and vitamins A and C that leave your face infused with energy. The antioxidant ingredients of green tea extract, acai, and cumin are intended to target hyperpigmentation and deliver intense long lasting hydration, resulting in a healthy radiant glow.

BOTÁNICO ORGÁNICO

60 minutes

Cleanse + tone + hydrate + mask

Redefine your beauty with our restorative aromatherapy facial using intensely healing plant extracts, flowers and herbs to rebalance and renew your skin at its deepest level.

SKIN ENHANCEMENTS

HYDRAFACIAL™ REPLENISHMENT

Refresher - 30 minute add-on

Plump Lips or Bright Eyes - 15 minute add-on

Plump Lips & Bright Eyes - 30 minute add-on

HydraFacial™ series available, inquire with spa reservations

OXYGEN INFUSION

15 minute add-on

AGE-DEFYING COLLAGEN MASKS

Ultimate Radiance - 30 minute add-on

Firming face, neck & decollete mask, plus plumping lip treatment

Hydrating Face - 15 minute add-on

Eye or Lip Rejuvenation - In-treatment service

Eye & Lip Rejuvenation - In-treatment service

PURIFYING HAIR & SCALP RENEWAL

Rejuvenating and nourishing moisture infusion for hair and scalp

15 minute add-on

RESURFACING PEEL

Reveals remarkably smoother skin, smaller pores, refined texture and improved clarity

15 minute add-on

SALON BOTÁNICO

NAILS

MANICURE

60 minutes

Exfoliation + mask + shape + cuticle care + polish

PEDICURE

60 minutes

*Exfoliation + mask + shape + cuticle care
+ massage + polish*

MANICURE & PEDICURE

120 minutes

*Exfoliation + mask + shape + cuticle care
+ massage + polish*

THE EXPRESS MANICURE

30 minutes

Cuticle care + shaping + polish or buff

THE EXPRESS PEDICURE

30 minutes

Cuticle care + shaping + polish or buff

THE EXPRESS MANICURE & PEDICURE

60 minutes

Cuticle care + shaping + polish or buff

PEQUES

MANICURE FOR YOUTH

15 minutes

Cuticle care + polish or buff

PEQUES

PEDICURE FOR YOUTH

30 minutes

Cuticle care + polish or buff

MANICURE AND PEDICURE ENHANCEMENTS

FRENCH POLISH

PARAFFIN FOR FEET OR HANDS

GEL POLISH

GEL REMOVAL

CALLUS REMOVAL

SALON BOTÁNICO

HAIR , MAKE - UP & WAXING

SHAMPOO & BLOWOUT

Short - 45 minutes

Longer - 60/90 minutes

Flat Iron

Curl/Style

Up-do

PURIFYING HAIR & SCALP RENEWAL

Rejuvenating and nourishing moisture
infusion for hair and scalp

15 minute add-on

HAIRCUTS

Cut & Blowout

MAKEUP

Make-Up Application

Make-Up Lesson

PEQUES HAIRCUT FOR YOUTH

Cuts for short and long hair

WAXING

Please inquire for details and pricing

FOR THE GENTLEMAN

THE FOUR POINT TUNE-UP

90 minutes

This perfect all-in-one treatment includes head, shoulder and neck massage, facial & neck grooming, and a relaxing hand and foot massage. Finishes with a nail trim and buff.

SPORTS RECOVERY

60/90 minutes

After a day of play this deep tissue massage with hot steamy towel compresses helps to relax tight muscles and destress from head to toe. Stretching included to prepare you for tomorrow's activities.

SPICED COCONUT SCRUB AND MASSAGE

60/90 minutes

Healing bay leaf, hydrating coconut and antioxidant cinnamon are blended together in this revitalizing sugar scrub to cleanse and exfoliate. Finish with an outdoor shower and a Manos Santas Massage.

THE RESERVE - A MAN'S FACIAL

60 minutes

Inspired by traditional barber techniques this highly effective facial includes steaming towels, neck & shoulder massage and a cleansing facial.

HAIRCUT

Includes nourishing scalp treatment and massage

MANICURE

30 minutes

Clip + file + massage + buff

PEDICURE

45 minutes

Soak + clip + scrub + massage + buff

MANICURE & PEDICURE

60 minutes

Clip + soak + file + scrub + massage + buff

SPA INFORMATION

GENERAL INFORMATION

A 60 minute service is required for use of the Purification Garden. The Purification Garden is unavailable to guests with salon services only. Food, wine and spirits can be ordered from our provided menu. No outside food or beverage is permitted in the spa.

PURIFICATION GARDEN

Arrive 45 minutes prior to your scheduled treatment to enjoy the beauty and relaxation of our Purification Gardens. We provide lockers, robes and towels for your comfort. Use of the Purification Garden is for guests 18 and older.

GRATUITY

For your convenience, a 20% service charge will be added to each spa service received and disbursed to the spa staff who served you. Any additional gratuity is at your discretion.

RESERVATIONS

Due to our popularity, it is strongly recommended that you make spa appointments in advance. Reservations can be made online, by email - spabotanico@ritzcarlton.com or by calling (787) 278-7227.

DIGITAL DETOX

We strive to offer our guests a tranquil experience and request that you turn off your cell phones, digital devices and cameras before entering the spa and Purification Gardens.

CANCELLATION POLICY

If you need to change or cancel your appointment, we require a minimum of 24 hours notice or your service will be charged in full. Please contact spa reservations at (787) 278-7227.

SPA INFORMATION

AGE

Guests must be at least 16 years of age for facial services and 18 years of age for massages and body treatments. Salon services are available for guests of all ages. Facial and Salon guests under the age of 18 must be accompanied by a parent/guardian.

SPECIAL ACCOMMODATIONS OR HEALTH CONCERNS

Please inform spa reservations if you need special accommodations or if you have any health concerns.

GIFT CARDS

Available for purchase at spa reception or online.

FITNESS & WELLNESS

Private fitness classes for individuals or groups including yoga, Zumba, Pilates and personal training, are available by appointment. Contact Spa Reservations at (787) 278-7227.



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