

NORDIC · HANSEATIC

Simply a good place to eat and drink. Since 1998



Food & Beverages

Welcome to "Zum alten Fritz" the brewpub at the Rostock city harbour!

Enjoy the comfortable traditional atmosphere, the regional and seasonal food of Mecklenburg-West Pomerania, and the art of beer brewing.



Excellent food, regional cuisine and traditional brewing methods – we offer it all. And as a result, we are continuously searching for recipes that combine top grade raw materials and products, seasonal and regional specialities, and the ingenuity of creative cooks and master brewers.

Needless to say, our dishes are prepared with regional products from carefully selected suppliers with a major focus on taste and enjoyment.

Apart from this, our top priority is to show our guests the amiability, hospitality and tradition that are so typical for the Hanseatic North. Because we want "Zum Alten Fritz" to be not just a place to eat, drink and to enjoy, but a comfortable local meeting point for socializing, too.



Have a good time at the "old Fritz". Your Brewpub Team





Störtebeker Brewer's Home

MORE THAN A BREWERY. AN EXPERIENCE.

The Störtebeker brewing manufactory was founded in 1827 and, since then, time beers of the highest quality have been brewed in the Hanseatic city of Stralsund. Today, our beer manufactory stands for Northern German identity, excellent speciality brews, and a unique and world-class beer brewing culture.

As a medium-sized company, we have always felt more closely connected to the craft of brewing than to the beer industry.

And as our distances are short and our flexibility high, we can do what other brewers can't – we can experiment as long as it takes to perfect our recipes for new and highly delicious speciality brews. The special character of these beers can be seen, smelled and tasted.

Come and take your own personal discovery trip round the world of Störtebeker speciality brews, including a guided tour of our brewery and a beer tasting. Watch our master brewers go about their work of manufacturing our beer specialities in keeping with the old brewing traditions in the historical city of Stralsund. Experienced guides give daily tours of the brewery. During these tours they provide extensive information on hops, malt, craftsmanship and the Hanseatic League, and join our guests in a tasting of selected specialities.





For further information see: www.stoertebeker.com









3XGOI



OUR BREWING SPECIALTIES FROM THE KEG

Zwickel-Keller-Bier 1402	0,51	5,30€
Original gravity 11,1%, 4,8 % alc/vol	0,31	3,90€
Natural, subtle dryness – smooth		
Störtebeker Pilsener-Bier	0,51	5,30€
Original gravity 11,3 %, 4,9 % alc/vol	0,31	3,90€
Bottom-fermented, North German Pils		
with a smooth and refreshing mouthfeel		
Störtebeker Schwarz-Bier	0,51	5,30€
Original gravity 12,5 %, 5,0 % alc/vol	0,31	3,90€
Natural bottom-fermented beer		
with a malt aroma and a velvety mouthfeel		
Störtebeker Baltik-Lager	0,51	5,30€
Original gravity 13,2 %, 5,5 % alc/vol	0,31	3,90€
Natural, bottom-fermented Lager		
with a slight smell of biscuit & marzipan		
Störtebeker Bernstein-Weizen	0,51	5,30€
Original gravity 12,9 %, 5,3 % alc/vol	0,31	3,90€
Natural, top-fermented wheat beer		
with a gentle smell of ripe bananas		
Störtebeker Übersee Pils	0,51	5,30€
Original gravity 12,5 %, 5,2 % alc/vol	0,31	3,90€
bottom-fermented, vigorously hopped pils, tart	0,51	3,700
bottom termented, vigorousiy hopped pils, tart		
Störtebeker Tasting set		
Störtebeker Brewing Specialties from the keg	6 x 0,1 l	10,90€









OUR BOTTLED BREWING SPECIALTIES

Störtebeker Atlantik-Ale Original gravity 11,4 %, 5,1 % alc/vol Unfiltered and cloudy, top-fermented pale Ale, strong bitterness With an intense interplay of lemon, grapefruit & melon aromas	0,51	5,30€
Störtebeker Hanse-Porter Original gravity 12,5 %, 4,0 % alc/vol Natural bottom-fermented hanseatic brewing specialty with aromas of sweet almond, coffee & caramel	0,51	5,30€
Störtebeker Roggen-Weizen Original gravity 12,9 %, 5,4 % alc/vol Unfiltered and cloudy, top-fermented dark yeast beer made from rye and wheat	0,51	5,30€
Störtebeker Stark-Bier Original gravity 18 %, 7,5 % alc/vol Natural, bottom-fermented dark strong beer With a strong interplay of dark chocolate and coffee aromas	0,51	5,90€
Störtebeker Scotch-Ale Original gravity 20,5 %, 9,0 % alc/vol Natural strong ale made of british whisky malt With peaty and smoky aromas	0,51	5,90€
Störtebeker Mittsommer - Wit Original gravity 11,9 %, alcohol 4,7 % alc/vol top-fermented brewing specialty, wheat and oat flakes take care of the full body, mild hop emphasizes fruity - spicy aromas of coriander and peppe	0,5 l	5,90€
Pazifik Ale Original gravity 14,9%, alcohol 6,5% alc/vol. a complex aroma of exotic fruits such as mango and pineapple in with an intensely fine hop bitterness	0,5 l combination	5,90€



NON-ALCOHOLIC BREWING SPECIALTIES

Störtebeker Frei-Bier	0,51	5,30€
Original gravity 13,0 %, alcohol-free		
Natural, alcohol-free beer that is brewed in the Pilsener style		
Störtebeker Bernstein-Weizen alcohol-free	0,51	5,30€
Original gravity 12,9 %, alcohol-free		
Natural, isotonic, alcohol-free wheat beer		
Störtebeker Atlantik-Ale alcohol free	0,51	5,30€
Original gravity 11,7 %, alcohol free, top – fermented light ale,		
fresh scent of citrus fruits, strong hopping		

Strandräuber Natur Radler

Strandräuber Natur Radler Zitrone The taste and scent of fresh lemons, plus a splash of lime. Completely without dyes and artificial flavors. Alk. 2.0% vol.	0,5 l 0,33 l	5,30€ 3,90€
Strandräuber Natur Radler Sanddorn Sea Buckthorn: The lemon of the north makes this nature cyclist an extraordinary refreshment. Alk. 2.1% vol.	0,5 1 0,33 1	5,30€ 3,90€
Strandräuber Natur Radler Zitrone Frei-Bier A non-alcoholic thirst quencher with light hop notes and strong lemon: The combination of fruit and tart is perfect for enjoying in between. Non-alcoholic	0,5 1 0,33 1	5,30€ 3,90€

QUICK MIX ...

Zwickel-Bier or Pils, with Coca Cola	0,51	5,30€
	0,31	3,90€
Banana wheat beer and Cherry wheat beer	0,51	4,90€
	0,31	3,90€

Starters

"Fritz" bread basket or 2 pretzels filled with butter ^{D,I} with a dip of your choice: apple greaves, herb curd, beer-cheese-chili dip, garlic and sage dip, herb butter or tomato chilli pesto	6,90€
Homemade Seasoned Meat from veal" D,I baked with cheddar cheese, served with fresh stone oven baguette	8,90€
Beef tartare ^{A,B,I} with butter, capers, anchovies, egg yolk, onion cubes and pickled cucumbers, with fresh bread	9,90€
Fried chicken liver ^D in a balsamic onion brew on lamb's lettuce with cherry tomatoes, with fresh stone oven baguette	14,90€
Hearty meats plate ^{D,I}	16,90€
two types of ham from Susländer pork, wild liver sausage, venison salami, organic cheese, pickled cucumber sticks, red onion rings, butter, with a mixed bread basket with apple greaves	
venison salami, organic cheese, pickled cucumber sticks, red onion rings,	
venison salami, organic cheese, pickled cucumber sticks, red onion rings, butter, with a mixed bread basket with apple greaves	6,50€
venison salami, organic cheese, pickled cucumber sticks, red onion rings, butter, with a mixed bread basket with apple greaves SOUPS, FRESHLY PREPARED "Fritz" beer soup ¹	6,50€ 7,20€

a hustle and bustle of Baltic fish and strips of vegetables







FRESH FROM THE HERB MEADOW

Beetroot and pear gorgonz on wild herb salad with roasted	ola salad ^D walnut kernels and pomegranate kernel	9,90€
Speciality salad "Grünzeug bell pepper, cucumber, tomato with roasted pumpkin seeds and	and arugula with herb croutons,	9,90€
Enhance your salad:	with baked goat cheese ^D with fried chicken breast with fried shrimp skewers	8,90€ 8,90€ 12,90€
to our salads we serve fresh stone oven baguette and we are happy to offer you our high-quality vinegar & oil offer		
FROM O	ur "Vegi"- kitchen	

Baked zucchini ^{A,D} (vegan) with a vegetable and chia seed filling, with wild herb salad with linseed oil and tomato chilli pesto	16,90€
Herb Pasta ^{A,J} panned in herbal pesto, with crispy pan-fried vegetables, pumpkin seeds, feta cheese and arugula	17,90€
Vegi platter ^{A,D} baked goat cheese on ratatouille vegetables, with filled potato pockets and garlic-sage dip	18,90€
Vegetable burger ^{A,D,FI} fried vegetable patty, cole slaw salad, arugula, balsamic onions,	18,90€

pumpkin seeds and tomato chilli pesto





A "Fritz" recommendation: Your starter will taste even better if enjoyed with our fresh and fruity Bernstein-Weizen!

C

OUR BREWERS STONE OVEN SPECIALTIES

 Flammkuchen (tarte flambee) – Classic D,1,3
 12,90 €

 traditionally with crème fraîche, bacon, onions and chives
 15,90 €

 Flammkuchen (tarte flambee) – Vegetaria D,1
 15,90 €

 with crème fraîche, marinated carrot-zucchini vegetables, pumpkin seeds, feta cheese and arugula
 17,90 €

 Flammkuchen (tarte flambee) – Mediterranean D,1
 17,90 €

 with crème fraîche, marinated chicken breast strips, black olives, balsamic onions, arugula and feta cheese
 17,90 €

THE PURE DESIRE FOR MEAT ENJOYMENT

Huftsteak approx. 300 g the heart of the beef hip

Entrecôte approx. 300 g the classic piece with the fat eye

We serve our meat with cole slaw salad ^{A,D,F} or a crispy side salad.^D

For this we optionally choose: beer-cheese-chili-dip,^{I,D} herb butter,^I herb curd,^{A,D,F} garlic-sage dip^{A,D,F} or tomato chilli pesto

Please choose from the following side dishes: herbal mushrooms, market vegetables, crispy pan-fried vegetables, Fritzen's Brewhouse french fries, baked herb potatoes, garlic baguette, croquettes









27,90€

28,90€

each for 4,50€

Something special Discover

Water buffalo burger from Gut Wardow near Rostock^{A,D,I} fried water buffalo meatball with cheddar cheese, wild herb salad, cole slaw salad, red onion rings, beer cheese chili dip 19,90€

18,90€

The buffalo meat comes from Gut Wardow near Rostock. The stately ruminants live there all year round on fen areas and in nature reserves. Buffalo meat is not only very healthy, but also extremely tasty!



Hanseaten-Labskaus^{F,G,B} »The Special« pickled beef breast with crushed potatoes, cooked in secret spice recipe, with fried egg, gherkin, beetroot and Original Störtebeker Matjesfilet

Also available for take away in a practical preserving jar

Game plate from game professional Peters from Groß Stove^{D,I} 21,90€ roasted venison sausage, braised venison with strong cranberry sauce, with apple red cabbage and fried pretzel dumplings

Baked ¹/₄ roast duck from the Mularde^I filled with prunes, onions and apples, with a strong sauce with apple red cabbage and filled potato dumpling

Our ducks come from the Oehlert farm in Zarnewanz near Rostock. There they are kept in free-range farming. The mularde is a cross between wild duck and domestic duck.

Braised roast water buffalo I,L,D

28,90€

26,90€

from Gut Wardow near Rostock with a strong thyme sauce on salsify, served with baked potato croquettes

Our "Fritz" recommendation for connoisseurs:

A freshly drafted Störtebeker Sehwarz-Bier will prove a perfeet addition to our hearty home-made classies



PROVEN FISH SPECIALTIES

Fried herring sweet/sour ^{I,F,1,3} »virtually bone free« pickled in a Störtebeker beer marinade with onions, mustard seeds and allspice, with coleslaw (without carrot) and fried potatoes with bacon and onions	16,90€
Störtebeker Matjes ^{D,F,G,1,3} »according to our own recipe« pickled herring fillets with apple and onion sauce and fried potatoes with bacon and onions	17,90€
Our pan-fried fish »a la Fritz« ^{B,1,3} fried pike perch fillet with grainy mustard sauce and fried potatoes with bacon and onions	17,90€
we recommend our cucumber salad with dill ^D	4,50€
Plaice fried in herb oil ^{B,D,I,1,3} with a small salad bouquet and fried potatoes with bacon and onions	19,90€
Roasted cod fillet ^{B,E,D,I,3} with horseradish sauce on marinated carrot-zucchini vegetables, with mashed potatoes	22,90€
Pan-fried fish » Likedeeler « ^{B,D,I,L} fried fillets of salmon and pikeperch with prawn skewer, with lemon thyme sauce on crunchy root vegetables with wasabi and horseradish mashed potatoes	22,90€
Poached white halibut with horseradish sauce on beet and onion vegetables, served with dill potatoes	24,90€
71	le Frita"







C

OUR MEAT CLASSICS

"Sauerfleisch" in mason jar ^{F,G,D,1,3} »from own production « pickled pork with carrots and onions, with apple and onion sauce and fr potatoes with bacon and onions	16,90€ ried
Beer Coachman's Schnitzel ^{D,1,1,3}	17,90€
breaded pork escalope, baked in the oven with mushrooms in cream and	Band?
gratinated with cheddar cheese on a bed of fried potatoes with bacon and	onions
Master Brewer's "Geschnetzeltes" A,I	17,90€
thin sauted strips of chicken breast with crunchy vegetables and mushro	
in a strong sauce on fresh noodles	
Braised black beer roast ^{I,L}	10.006
with strong sauce on roasted root vegetables,	19,90€
with wasabi and horseradish mashed potatoes	
THE DELADEL	10.000
Fritzens Burger ^{A,D,F,I}	18,90€
roasted lamb boulette with arugula, cole slaw salad, baked goat cheese, balsamic onions and garlic-sage dip	
"Fritz" baked pork knuckle ^{1,L} (approx. 1000 g)	19,90€
braised in Störtebeker beer with smoked salt, with a strong sauce and Störtebeker sauerkraut	
The second s	4506
we recommend our filled potato dumpling with breadcrumbs	4,50€
Braised homemade beef roulade 1.F	21,90€
filled with bacon, onions and pickles, with a strong mustard sauce,	
apple red cabbage and filled potato dumpling with breadcrumbs	
Brewers pan D,I,1,3	22,90€
fried medallions of chicken breast, beef and lamb, with herb butter, with	
crunchy seasonal vegetables and fried potatoes with bacon and onions	
Contraction of the second s	The second second
	Enjoy our ggenweizen"!
törteben	ggenweizen",
She She	beer of the
	appane of
the the	world in
	2014!

To the sweet conclusion

"Möwengruß" Seagulls Greeting ^D a large scoop of creamy vanilla ice-cream, pumpkin seed oil, chocolate shavings and whipped cream	5,40€
Coffee Ice Cream ^D a double espresso paired with a scoop of creamy vanilla ice cream	5,90€
Black beer crème brûlée ^{D,A,I} with caramelized sugar and wild berry ragout	5,90€
Belgian waffle ^{D,A,I} with wild berry ragout, a scoop of creamy vanilla ice cream and whipped c	6,90€ cream
Mascarpone cream ^{D,H} with orange zest, plum ragout and roasted almond flakes	6,90€
Warm chocolate cake ^{D,I} with wild berry ragout and a scoop of creamy vanilla ice cream	6,90€
Home-made apple strudel ^{D,I} filled with curd and apples, served with vanilla sauce, a scoop of vanilla ice cream and whipped cream	6,90€
Chocolate Dream ^{D,I} three balls of fine chocolate ice cream, chocolate shavings, Chocolate source and whinped cream	7 ,90€
Chocolate sauce and whipped cream with Baileys	8,90€
"Alter Fritz" special cup – served in a beer mug ^D three scoops of creamy vanilla ice cream, caramelized olives, honey, fried rosemary, feta cheese, arugula	8,90€







Instead of dessert: Try a fruity "Strandräuber Natur Radler Sanddorn Weizen-Bier"!

0

OUR COFFEE SPECIALITIES

Café Crème Large Café Crème Espresso Double Espresso Espresso Macchiato Milk Coffee Cappuccino Latte Macchiato



3,70€ 3,00€ 3,90€

2,90€

3,90€

2,90€

3,20€

3,90€

HOT DRINKS

Hot lemon (hot water with lemon juice)	2,90€
Cup of hot chocolate	3,50€
Cup of hot chocolate with whipped cream	3,90€

On request you will get all coffee specialties decaffeinated.

TEA

"Tea Diamond – world class tea in revolutionary tea bags" per glass by Eilles 3,10€

Ceylon highland Asian Sun Leaf Earl Grey Summer Berry

Peppemint

Rooibos Vanilla

Camomile Herbal garden

Winter punch

tea from the island of Sri Lanka, pleasantly tart and aromatic delicate, tart green tea, flavoured with a fresh fruity lemon aroma black tea flavoured with the zesty aroma of the bergamotte fruit refreshing composition of apple pieces, hibiscus blossoms, rosehip peels, elderberries and strawberry-raspberry-cream aroma roughly cut special selection of peppermint leaves, aromatic and refreshing South African rooibos, offset with vanilla pieces and aroma, with a sweet flavour accent Camomile blossoms – honeylike taste, soothing beneficial herbal mixture, carefully composed with refreshing taste South African red bush, mixed with winter punch aroma and Christmas spices









Sparkling and alcohol-free

Stralsunder mineral water	0,25 l bottle	2,80€
(classic, medium or still)	0,75 l gourmet bottle	5,80€
Selters Mineralwasser (classic)	0,75 l gourmet bottle	5,80€
Coca-Cola ^{2,11} , Coca-Cola Zero ^{1,2,6,7,11}	0,20 l glass	2,80€
Fanta ^{1,2,3} (Orangeade)	0,20 l glass	2,80€
Sprite ¹ (Lemonade)	0,20 l glass	2,80€
Bitter Lemon ⁷	0,20 l glass	2,80€
Tonic Water ⁷	0,20 l glass	2,80€
Ginger Ale ²	0,20 l glass	2,80€
Lift apple spritzer ¹ APFEL-SCHORLE	0,20 l glass	2,80€
all 0,20 l drinks are also available as	. 0,50 l glass	5,80€
Neumarkter Lammsbräu Aktivmalz	0,33 l bottle	3,90€

Other Thirst Quenchers

Apple juice, Orange juice	0,20 l glass	3,20€
Passion fruit juice, rhubarb juice	0,20 l glass	3,20€
Tomato juice	0,20 l glass	3,20€
Banana or cherry nectar	0,20 l glass	3,20€
Piña Colada Aloe Vera, alcohol-free	0,20 l glass	3,20€
all 0,20 l drinks are also available as	0,50 l glass	6,20€
like also as spritzer	0,50 l Glas 📄	5,80€





WHITE WINE

UNSER Rostocker Hafenwein, Cuveé, dry Winery Vollmer, Pfalz clear, powerful, tasty and juicy with complex flavors of yellow fruits, full-bodied taste	0,21 0,751	6,10€ 21,00€
Horgelus Colombard, Sauvignon Blanc, dry Domaine Horgelus, Gascogne refreshing fragrant bouquet with aromas of flowers and tropical fruits and citrus flavors	0,21 0,751	6,10€ 21,00 €
Wegeler Riesling, dry Winery Wegeler, Rheingau this Riesling from the winery Wegeler impresses with its fine peach notes and mineral acidity.	0,21 0,751	7,00€ 24,00€
Grohsartig Weissburgunder, Chardonnay, dry Winery Groh, Rheinhessen delicate minerality, on the palate are the well-known Burgundy flavors such as peach, citrus and yellow fruits	0,21 0,751	8,00€ 28,00€
Miss Scheu, Scheurebe fine dry Johanninger Winery, Rheinhessen Exciting smell of pomelo, gooseberries and currants s educe the tongue.	0,2 l 0,75 l	7,00€ 24,00€
Rosé wine		
UNSER Rostocker Hafenwein, Cuveé, dry Winery Vollmer, Pfalz tasty and clear, with a juicy berry aroma in the velvety-fresh taste	0,21 0,751	6,10€ 21,00€
Horgelus Merlot, Cabernet Rosé, dry Domaine Horgelus, Gascogne smells of red berries and freshly picked strawberries and shows on the palate impressively aromatic, round and fresh	0,21 0,751	6,10€ 21,00€
Wilde Hirsch, cuveé, fine dry Weingut Hirsch, Württemberg playful nose, its aromas are reminiscent of freshly plowed strawb and a touch of lychee, tasty and juicy in the rich finale	0,2 1 0,75 1 perries	8,00€ 28,00€

UNSER Rostocker Hafenwein, Cuveé, dry	0,21	6,10€	
Winery Vollmer, Pfalz	0,751	21,00€	
velvety and full-bodied with the luscious aromas of ripe berries			
and cherry in a silky structure, slightly spicy on the palate			
Lergenmüller Merlot, dry	0,21	6,60€	
Lergenmüller, Pfalz, Sankt Anna	0,751	23,00€	
presents itself with a fine smell of heart cherries and			
a spicy bodies that are tannins despite his young age			
excellently developed and balanced			
Don Cosimo Primitivo, dry	0,21	6,60€	
Cantine Due Palme, Italy, Apulien	0,21	23,00€	
fruity bouquet with notes of dark berries and fine	0,7 51	23,000	
spicy nuances, on the palate it is silky powerful and elegant			
with beautiful balance and gentle tannins			
Chateau Guiot, Cuveé, dry	0,21	7,30€	
Costers de Nimes, France	0,751	25,00€	
dense, almost black red, open nose, lush bouquet,			
light red and dark fruits, ideally combines the properties			
the Syrah and Grenache notes			
Castillo de Cheste, Tempranillo, medium-dry	0,21	6,10€	
Spain, Valencia	0,751	21,00€	
bright dark red color, full-bodied, on the palate an			
uncomplicated style, perfect balance between sweetness and acidity			

Red wine









Sparkling wine and Prosecco

0,11	3,50€
0,751	24,90€
0,751	23,00€
0,751	23,00€
0,201	7,00€
0,201	7,00€
0,201	7,00€
	0,75 1 0,75 1 0,75 1 0,20 1 0,20 1

Longdrinks

Cuba Libre ^{2,5,6} 4 cl Havana 3 anos, Coca-Cola	0,301	7,00€
Campari Orange ² 4 cl Campari, orange juice	0,301	7,00€
Gin Tonic ⁷ 4 cl Greenall's Dry Gin, Tonic Water	0,301	7,00€
Wodka Lemon 4 cl Parliament Vodka, Bitter Lemon	0,301	7,00€
Malibu Mix 4 cl Malibu, with orange, cherry, Piña Colada		
Aloe Vera juice or Cola-Cola	0,301	7,00€

HIGH-PERCENTAGE

Fischergeist, 56 % abv.	2 cl	3,30€
Baileys Original Irish Cream, 17 % abv.	4 cl	4,60€
Jägermeister, 35 % abv.	4 cl	4,60€
Ramazzotti, 30 % abv.	4 cl	4,60€
Küstennebel, 21,8 % abv.	4 cl	5,40€



WHISKY AND RUM

Havana Club 3 años, 40 % abv.		4 cl	4,60€
Havana Club 7 años, 40 % abv.		4 cl	6,60€
Jameson Irish Whiskey, 40 % abv.		4 cl	5,40€
Chivas Regal Scotch Whisky, 12 years, 40 % abv	•	4 cl	6,60€
Rostocker Lehment Aquavit, 42 % abv.	SNEW CRAFTER REFERENCE ORIGINAL	4 cl	4,60€
Rostocker Lehment Kümmel, 38 % abv.	LEHMENT Rostocker	4 cl	4,60€
Parliament Vodka, 40 % abv.		4 cl	5,00€
Greenall's Dry Gin, 37,5 % abv.		4 cl	5,00€
Linie Aquavit, 41,5 % abv.		4 cl	5,80€
Prinz Alte Marille, 41 % abv.		4 cl	5,90€
Prinz Alte Zweschke, 41 % abv.		4 cl	5,90€
Prinz Alte Williams Christ Birne, 41% ab	v.	4 cl	5,90€

Regional Particularities

Kaland Kümmel, 40,0 % abv. · regional handcraft	4 cl	5,80€
Stralsunder Meerbrand, 40 % abv.	4 cl	5,80€
Foerster's Heide Gin, 44,0 % abv. · homemade speciality	4 cl 🖉	6,20€
Homemade beer liqueur, 25 % abv.	4 cl	6,20€

"WHAT SHALL WE DRINK NOW?"

The story of "Mann un Fru!" (husband and wife)

According to the legend, a portly man and his no less portly wife sold a delicious double Kümmel (clear local speciality spirit distilled with caraway) on the markets of Mecklenburg-West Pomerania around the year 1700. Soon the drink was called after these two - "Mann un Fru" (husband and wife). One and a half centuries later the Rostock distiller and businessman Conrad Lehment picked up this traditional recipe, refined it, and thus invented the "Original Lehment Rostocker Doppel-Kümmel". The mild character of this distinctive speciality soon made it the drink of the town. Today sees a new chapter of this legend opened: the Original Lehment Rostocker Aquavit. The composition of dill, coriander, caraway and fennel gives this unequalled Aquavit its wonderfully mild taste. Conrad Lehment would feel very proud to savour this Aquavit in your company today.

HERE'S TO YOU!

"Fritz" Take-Out

GLASSES & BEER

"Störtebeker" sixpack put together your own combination, price per pack, incl. refundable deposit for returnable	6 x 0,51 bottles	11,90€
"Störtebeker" treasure chest price per pack, incl. refundable deposit for returnable	6 x 0,51 bottles	10,90€
"Störtebeker" sailor's glass 2 x 0 in a gift box	0,31 oder 0,51	11,90€
"Störtebeker" sample glass in a gift box	2 x 0,2 l	11,90€
"Störtebeker" speciality box 2 "Störtebeker" sailor's glass with a bottle (0,5 l) of ein Störtebeker Scotch-Ale, Hanse-Porter or Stark-Bier	ther	10,90€
Störtebeker Single Malt Whisky (3-year) with tumbler, in a gift box	0,51	45,00€



Dear guest, it is our objective to make you happy. Therefore we try to use exclusivly foods of high quality and of regional origins. Unfortunately there are products, which are not to be had without additives but nevertheless they are asked for by many guests.

¹with preservatives, ²with artificial colors, ³with anti-oxidants, ⁴with sweetener saccharin, ⁵with sweetener cyclamat, ⁶with sweetener aspartam, containing a source of phenylalanin, ⁷with sweetener acesulfam, ⁸with phosphate, ⁹sulphured, ¹⁰with quinine, ¹¹contains caffeine, ¹²with flavour enhancer, ¹³blackened, ¹⁴waxed, ¹⁵changed by genetic engineering ^AEggs, ^BFish, ^CCrustaceans, ^DMilk and dairy products, ^ESulphur dioxide and sulphites, ^FMustard ^GSoy, ^HPeanuts, ¹Cereals containing gluten, ^KNuts, ^LCeleriac, ^MSesame seeds, ^NMolluscs, ^OLupines

FESTIVELY FEASTING AT THE "FRITZ" A CULINARY SEMINAR IN BREWING



In 9 courses you will be asquainted with the basics of brewing beer - from malting over mashing to fermentation - by culinary delights & speciality brews of the Störtebeker brew manufactory.

On your request our "specialist" in beer will accompany you through the beer seminar-menu with nice anecdotes about the history of beer. In the final quiz you can test your knowledge of beer & get it supported by documentary evidence.

Price per person: 42,00 € (available only upon pre-ordering)

Home-made products for taking home Take a look in our refrigerator



Freshly baked "Fritz" bread, about 500g	6,00€
Greaves-and-apple lard spread in a preserving jar, each	6,00€
Salt pork in a bay vinegar aspic in a preserving jar, each	10,00€
Our lobscouse in a preserving jar, each	12,00€

at 5° - 7°C best before see label

Our regional suppliers introduce themselves!



stoertebeker-brauquartier.com 03831-2550



satower-mosterei.de 038295-78206







lerch-hummer.de 040-3869082 weine-und-mehr.de 0381-8008877 wildprofi.de 0381-4002919





moenchguter-fruchtgrosshandel.de 038306 2370



bauernhof-oehlert.de 038205 65456





gutwardow.de 0171-3109402



Braugasthaus "Zum alten Fritz" Greifswalder Chaussee 84-85 18439 Stralsund, Germany phone: (+49) (0)3831 - 25 55 00 info@stoertebeker.com www.stoertebeker-brauquartier.com



Braugasthaus "Zum alten Fritz" Warnowufer 65 18057 Rostock, Germany phone: (+49) (0)381 - 20 87 80 bgh-hro@alter-fritz.de



Alte Brauerei. Conference and Event Centre. Greifswalder Chaussee 84-85 18439 Stralsund, Germany phone: (+49) (0)3831 - 25 52 80 info@stoertebeker.com www.stoertebeker-brauquartier.com



Störtebeker Braugasthaus Markt 13 17489 Greifswald Germany phone: 0383457830 info-hgw@stoertebekerbraugasthaus.de



Our hotel in Mecklenburg-West Pomerania: Hotel Villa Knobelsdorff Alter Pasewalker Bierkeller Ringstraße 121 17309 Pasewalk, Germany phone: (+49) (0)3973 - 20 91 0 fax: (+49) (0)3973 - 20 91 10 info@villa-knobelsdorff.de www.villa-knobelsdorff.de

YOUR CELEBRATION TURNS INTO A HEARTY AND RUSTIC EVENT AT OUR LOCATION.



We have a seperate room called "Störtebekers Stube" which is ideal for birthday celebrations, weddings, anniversaries etc. It holds up to 20-50 people. We make you an individual offer

We make you an individual offer, just ask us.

Braugasthaus "Zum alten Fritz" Warnowufer 65 • 18057 Rostock **www.alter-fritz.de**