



Bagel FACTORY[®]

ALLERGEN GUIDE



Please be aware that our restaurant is a mixed food environment. If you have an allergy or food intolerance please inform a member of staff and we will use best practice when preparing your food.

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FOOD ITEM CONTAINS ALLERGENS: ●

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BAGELS	WHEAT GLUTEN	OATS GLUTEN	BARLEY GLUTEN	SPELT GLUTEN	RYE GLUTEN	CRUSTACEANS	EGG	FISH	PEANUT	SOYA BEAN	MILK	CASHEW NUT	PISTACHIO NUT	HAZEL NUT	ALMOND NUT	WALNUT	PECAN NUT	PINE NUT	CELERY	MUSTARD	SESAME SEEDS	SULPHITES	LUPIN	MOLLUSCS	
Plain	●		●																						
Sesame	●		●																						●
Poppy	●		●																						
Multi Seed	●		●																						●
Healthy Seed	●		●																						●
Cheese	●		●								●														
Cinnamon	●																								
Wholemeal	●		●																						
Pizza Bagel	●		●								●														
BAGEL RANGE																									
Italian Chicken	●						●			●	●														●
Chicken Caesar	●		●				●	●		●	●								●		●				●
Turkey Club	●						●			●	●										●				
Stars 'N' Stripes	●										●														
Chilli Tuna Melt	●		●					●		●	●								●						
Italian Pesto	●						●				●	●						●			●				
Salt Beef	●		●				●				●							●			●				
Mushroom Melt	●										●														
Pesto Bella Melt	●						●				●	●						●			●				

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BAGEL RANGE	WHEAT GLUTEN	OATS GLUTEN	BARLEY GLUTEN	SPELT GLUTEN	RYE GLUTEN	CRUSTACEANS	EGG	FISH	PEANUT	SOYA BEAN	MILK	CASHEW NUT	PISTACHIO NUT	HAZEL NUT	ALMOND NUT	WALNUT	PECAN NUT	PINE NUT	CELERY	MUSTARD	SESAME SEEDS	SULPHITES	LUPIN	MOLLUSCS
Mexican Chicken	●		●						●	●														
The Classic	●							●			●													
Manhattan Club Melt	●						●			●	●										●			
Pepperoni Sensation	●										●										●			
Supreme Ham & Cheese	●										●										●			
Big Veggie Bite	●										●										●			
All Day Egg Works	●						●			●	●										●			●
Bacon Egg Works	●						●			●	●										●			●
Sausage Egg Works	●						●			●	●										●			●
WRAPS																								
Chicken Caesar	●						●	●		●	●								●		●			
Mexican Chicken	●		●				●			●	●								●		●			
Tikka	●						●			●	●										●			
Tuna	●						●	●													●			
Pesto	●						●				●							●			●			
WRAPINIS																								
Mexican Chicken	●		●							●	●													
Veggie	●						●				●										●			
Turkey Club	●						●			●	●										●			

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SOUPS

Tomato & Basil

Leek & Potato

Chicken & Vegetable

INGREDIENTS

Onion Stuffing

Kerrymaid

Golden Summer Spread

Low Low Mini

Pizza Sauce

Peanut Butter

Cream Cheese (Low Fat)

Emmental Cheese

Liquid Eggs

Tuna Fish

Shaved Parmesan

Thousand Island

Ballymaloe Country Relish

BBO Sauce

Mayonnaise

	WHEAT GLUTEN	OATS GLUTEN	BARLEY GLUTEN	SPELT GLUTEN	RYE GLUTEN	CRUSTACEANS	EGG	FISH	PEANUT	SOYA BEAN	MILK	CASHEW NUT	PISTACHIO NUT	HAZEL NUT	ALMOND NUT	WALNUT	PECAN NUT	PINE NUT	CELERY	MUSTARD	SESAME SEEDS	SULPHITES	LUPIN	MOLLUSCS
Tomato & Basil											●								●					●
Leek & Potato											●								●					
Chicken & Vegetable	●								●		●								●					
Onion Stuffing	●								●															
Kerrymaid											●													
Golden Summer Spread											●													
Low Low Mini									●		●													
Pizza Sauce																				●				
Peanut Butter									●															
Cream Cheese (Low Fat)											●													
Emmental Cheese											●													
Liquid Eggs							●																	
Tuna Fish								●																
Shaved Parmesan											●													
Thousand Island							●														●			
Ballymaloe Country Relish																					●			
BBO Sauce			●																		●			
Mayonnaise							●														●			

