



*The* —————  
**OLD LODGE**  
G A S T R O P U B  
————— *Shannon*

## **BREAKFAST MENU**

**LIVE. LAUGH. LODGE**



EGGS

MILK

FISH



# CONTINENTAL BREAKFAST

**8.95** per person

## SELECTION OF FRUIT JUICES

Orange, Cranberry, Apple, Grapefruit

## SELECTION OF CEREALS

Cornflakes

Rice Krispies

Weetabix

Museli

\* Gluten Free Cornflakes available on request \*

## SELECTION OF FRUITS & YOGHURTS

Grapefruit Segments, Peach Slices, Tea Soaked Prunes, Fresh Fruit

Natural & Fruit Yoghurts

## SELECTION OF SEEDS & DRIED FRUIT

Sunflower Seeds, Pumpkin Seeds, Sultanas

## SELECTION OF COLD MEAT, FISH & CHEESE

Ham

Salami

Dubliner Cheddar

Smoked Cheese

## SELECTION OF BREADS

Freshly Baked Brown Treacle Bread

Brown & White Toast

Baked Bread Rolls

Mini Danish

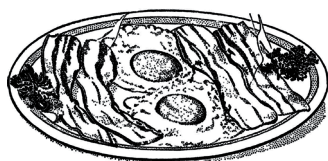
Mini Croissant

\* Gluten Free Bread available on request \*

SESAME

CEREALS (GLUTEN)

MUSTARD



## COOKED BREAKFAST

12.55 per person

### HOT BUFFET

Back & Streaky Bacon

Irish Pork Sausage

Black and White Pudding

Hash Browns

Fried Eggs

Scrambled Eggs

Grilled Tomatoes

Sauté Mushrooms

Baked Beans



### FROM THE KITCHEN

Oatmeal Porridge

Poached Egg

Boiled Egg

Grilled Fish of the Day (€4 supplement)



## HOT BEVERAGES

Freshly Brewed Tea or Coffee

Selection of Herbal Teas

## TREAT YOURSELF

Cappuccino [ 3.10 ] Caffe Latte [ 3.10 ]

Espresso [ 2.10 ]



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