



  
CASTLETROY PARK  
HOTEL & LEISURE CLUB  
★★★★





*Wake up with determination,  
go to bed with satisfaction*

### Freshly Brewed Coffee

*Available in Decaffeinated option also*

### Herbal Tea Selection

*Green Sencha, Peppermint, Earl Grey, Rooibos & Blood Orange,  
Summer Fruit, Strawberry & Mango, Ginger & Lemongrass,  
Lemon & Elderflower, Chamomile*

### Freshly Brewed Tea

*Available in Decaffeinated option also*

### Cereals

*Cornflakes, Rice Krispies, Weetabix, Coco Pops,  
Bran Flakes, Muesli, Granola, Frosted Flakes, Bircher Muesli*

### Gluten Free Cereals

*Cornflakes, Rice Krispies Muesli, Porridge  
are available please ask your Server*

### Homemade Hot Irish Porridge

*Served with Honey & Cream or Mixed Berry Compote*

### From Our Bakery

*Freshly Baked Croissants and Assorted Pastries,  
Homemade Brown Soda Bread & Sourdough Bread*

### Juices

*Orange, Apple, Cranberry &  
Healthy Juice of the Day*

### Detoxifying Water

### Seasonal Fruit

*Apricots, Fruit Salad & Grapefruit,  
Selection of Nuts, Seeds & Dried Fruit  
Low Fat Natural & Fruit Yoghurt*

### Selection of Cold Meats & Irish Cheese

*Jamón Serrano, Chorizo, Lomo &  
selection of Craft Cheese*

### Traditional Irish Breakfast

*Crispy Limerick Bacon, Award Winning Hodgin's Pork  
Sausage, Grilled Tomato, Tournafulla Black & White Pudding,  
Mushrooms, Free Range Eggs cooked to your liking*

### Mini Traditional Breakfast

*One of each of the above*

### Irish Oak Smoked Salmon & Scrambled Eggs

*SUPPLEMENT €3.00 (C)*

### Create your own Omelette

*Three Egg Omelette - Vegetarian or create your own from  
Bacon, Mushroom, Cheese, Tomato, Onion & Peppers (c)*

### French Toast

*Served with Maple Syrup or Hazelnut Nutella*

### Eggs Benedict

*2 Free Range Poached Eggs on a Toasted Muffin, Baked  
Limerick Ham & Glazed with Hollandaise Sauce.*

*ALSO AVAILABLE GF*

### Eggs Florentine

*2 Free Range Poached Eggs on a Toasted Muffin, Wilted  
Spinach & Glazed with Hollandaise Sauce. ALSO AVAILABLE GF*

### Eggs Royale

*2 Free Range Poached Eggs on a Toasted Muffin, Smoked  
Salmon, Hollandaise Sauce.*

*ALSO AVAILABLE GF €3 SUPPLIMENT*

### American Style Pancakes

*Served with Maple Syrup or Nutella*

*Never regret a day in  
your life. Good days  
give you happiness.  
Bad days give you  
experience.*





  
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