Strada Allergen Information

Strada Summer Menu July 2020 | Version 9

STRADA RESTAURANTS

BREAD & NIBBLES	This dish contains															Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegans	Vegetarian	Non-Gluten diets
Large Green Olives														●	Yes	Yes	Yes
Marinated Olives														●	Yes	Yes	Yes
Truffled Gnocchi	● wheat							●	●						No	Yes	No
Italian Breads	● wheat, barley, oat, rye, millet										●		●		Yes	Yes	No
Aglio Flatbread	● wheat														Yes	Yes	No
Tomato Flatbread	● wheat														Yes	Yes	No
Mozzarella Flatbread	● wheat							●							No	Yes	No

Guide to symbols

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ANTIPASTI	This dish contains														Suitable for?		
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Antipasti	● wheat			●				●			●				No	No	No
Vegetable Antipasti	● wheat			●				●			●		●		No	Yes	No
Bruschetta	● wheat							●			●				No	Yes	No
Crispy Squid	● wheat			●	●	●	●		●	●		●	●		No	No	No
Arancini - TBC																	

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PASTA & RISOTTO	This dish contains															Suitable for?		
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Pappardelle Bolognese	● wheat							●	●		●	●	●		No	No	No
Chicken & Mushroom Strozzapreti	● wheat							●			●	●			No	No	No
Penne Pomodoro	● wheat							●			●	●			No	Yes	No
Seafood Linguine	● wheat			●	●	●		●	●		●	●	●		No	No	No
Bucatini Carbonara	● wheat							●	●						No	No	No
Orzotto Primavera	● barley							●							No	Yes	No

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PIZZA	This dish contains															Suitable for?		
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Margherita Pizza	● wheat							●							No	Yes	No
Doppio Margherita	● wheat							●							No	Yes	No
Cotto Ham & Funghi	● wheat							●							No	No	No
Parma Pizza	● wheat							●							No	No	No
Vesuvio Pizza	● wheat							●							No	No	No

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SALADS	This dish contains															Suitable for?		
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Caesar Salad	● wheat, barley			●				●	●		●				No	No	No
Non-Gluten Caesar Salad				●				●	●		●				No	No	Yes
Superfood Salad	● wheat						●			●	●	●			Yes	Yes	No

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MAINS & GRILLS	This dish contains															Suitable for?		
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Strada Burger	● wheat							●	●	●	●	●	●		No	No	No
Pollo Funghi								●					●		No	No	Yes
Chicken Milanese	● wheat							●	●						No	No	No
8oz British Sirloin Steak															No	No	Yes
8oz British Flash Steak															No	No	Yes
Sea Bass				●											No	No	Yes

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SIDES	This dish contains															Suitable for?		
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Skin-on Fries															Yes	Yes	Yes
Truffle Fries								●							No	Yes	Yes
House Salad										●					Yes	Yes	Yes
Roasted New Potatoes															Yes	Yes	Yes
Tender Stem Broccoli								●							No	Yes	Yes

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DESSERTS	This dish contains															Suitable for?		
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Chocolate Fondant	● wheat							●	●		●				No	Yes	No
Tiramisu			● almond	●				●	●		●		●		No	No	Yes
Panna Cotta								●					●		No	No	Yes
Jude's Ice cream								●	●						No	Yes	Yes
Jude's Sorbet															Yes	Yes	Yes

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KIDS	This dish contains															Suitable for?		
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Grissini	● wheat, barley, oat.														Yes	Yes	No
Kid's Salad													●		Yes	Yes	Yes
Penne Pomodoro	● wheat							●				●			No	No	No
Pasta Carbonara	● wheat							●	●			●			No	No	No
Tagliatelle Bolgnese	● wheat							●	●			●	●		No	No	No
Margherita	● wheat							●							No	Yes	No
Risotto Veggie								●				●	●		No	No	Yes

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Baked Market Fish				●				●					●		No	No	No
Chargrilled Chicken															No	No	Yes
Fresh Fruit															Yes	Yes	Yes
Chocolate & Hazelnut Pizzetta	● wheat		● hazelnut					●			●				No	Yes	No
Jude's Ice cream								●	●						No	Yes	Yes
Jude's Sorbet															Yes	Yes	Yes

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