



INDIAN OCEAN

R E S T A U R A N T

GLENGORMLEY



IF YOU HAVE ALLERGIES PLEASE INFORM A SENIOR MEMBER OF STAFF.

STARTERS

PAKORA 🍷🍷

Vegetables deep fried in gram flour batter.

£6.15

ONION BHAGEE 🍷🍷

Spiced onions deep fried in gram flour batter.

£6.15

CHICKEN PAKORA 🍷🍷

Delicately spiced chicken with garlic & ginger, deep fried in gram flour batter.

£6.15

SAMOSA 🍷🍷

Vegetable or mince enveloped in pastry, deep fried.

£6.25

MIXED VEGETABLE STARTER 🍷🍷

A small selection of vegetable samosa, vegetable pakora and onion bhagee.

£6.75

CHICKEN PURI 🍷🍷

Delicately spiced chicken, cooked with tomato, onion & green peppers, served on a pancake type bread with a touch of tandoori sauce.

£6.95

DUCK SPRING ROLLS 🍷

Succulent duck lightly spiced and wrapped in a crispy pancake.

£7.25

KING PRAWN PURI 🍷🍷

King Prawns cooked with tomato, onion & green peppers, served on a pancake type bread with a touch of tandoori sauce.

£7.45

GARLIC KING PRAWN 🍷

Jumbo King Prawns cooked with garlic, butter & fresh herbs.

£8.25

CHICKEN TIKKA 🍷🍷

Cubed chicken previously cooked in a tandoori oven.

£7.25

TANDOORI MIX 🍷🍷

A selection of barbecued chicken tikka, lamb tikka and sheek kebab all freshly cooked in a tandoori oven.

£7.45

HOUSE STARTER SELECTION 🍷🍷

A small selection of pakora, onion bhagee, mince samosa, chicken tikka, served with salad.

£8.15

HEAT INDEX

🍷 **MILD:** These dishes consist of cream coconut and almond powder, rich in flavour 🍷🍷 **MEDIUM:** These dishes are more traditional in taste

🍷🍷🍷 **MEDIUM HOT:** These dishes can be enjoyed by all who have spice tolerance 🍷🍷🍷🍷 **HOT:** Only advised for those who like really hot Indian Cuisine **VERY HOT:** Available on request

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OUR CLASSICS

MADRAS 🌶️🌶️🌶️ **£13.25**
Hot curry cooked with mixed Indian spices.

BHUNA 🌶️🌶️ **£13.25**
Cooked with a blend of spices with tomato, onion, green pepper and fresh coriander. (thick sauce).

PATIA 🌶️🌶️🌶️ **£13.45**
Cooked with onions and fresh lemon juice in a hot, sweet & sour sauce.

DANSAK 🌶️🌶️🌶️ **£13.45**
Cooked with lentils & pineapple, with sweet and sour sauce.

KORMA 🌶️ **£13.95**
Cooked in cream, coconut, almond powder, sultanas and creamy sauce - very mild.

ROGAN JOSH 🌶️🌶️ **£13.95**
Cooked with mixed Indian spices, tomatoes, green peppers, onions and green herbs, topped with a creamy sauce. (mild) Can also be served without cream.

KASHMIR 🌶️ **£13.95**
Delicately flavoured with fresh herbs and light spices, cooked with tropical fruits.

BIRYANI 🌶️🌶️ **£15.95**
Cooked with basmati rice, a mixture of spices & sultanas, garnished with tomato and cucumber, served with a plain vegetable curry sauce.

ALL ABOVE DISHES AVAILABLE IN:

- | | |
|-------------------------|-------------------|
| • CHICKEN OR VEGETABLE | INCLUDED IN PRICE |
| • CHICKEN TIKKA OR LAMB | £1.00 EXTRA |
| • KING PRAWN | £1.50 EXTRA |

FROM THE TANDOOR

CHICKEN TIKKA 🌶️🌶️🌶️ **£14.95**
Succulent chicken pieces, freshly cooked in a tandoori oven.

CHICKEN TANDOORI SHASHLIK 🌶️🌶️ **£15.95**
Barbecued chicken with onions, tomatoes and green pepper, all served on skewers (dry).

LAMB TANDOORI SHASHLIK 🌶️🌶️ **£16.95**
Barbecued lamb with onions, tomatoes and green pepper, all served on skewers (dry).

TANDOORI MIX 🌶️🌶️ **£19.95**
A special selection of barbecued chicken, lamb tikka and sheek kebab cooked in a tandoori oven.

TANDOORI KING PRAWN 🌶️🌶️ **£20.95**
King prawns in herbs & spices, barbecued in a tandoori oven (dry & part shelled).

TANDOORI MONKFISH SHASHLIK 🌶️🌶️ **£20.95**
Moist monkfish marinated in light spices & cooked in the tandoori oven.

MURGH METHI MALAI 🌶️ **£14.95**
Chargrilled pieces of chicken fillet in a creamy yoghurt sauce. If you like Korma and Masala, you'll love this!

GOAN FISH CURRY 🌶️🌶️ **£20.95**
Fillets of monkfish smeared in a rich creamy curry sauce, cooked with coconut, chilli and roasted spices. Highly recommended!

RARA GOSH **£15.95**
Unique dish made from lamb mince and pieces with traditional herbs & spices

ALL OF THE ABOVE TANDOORI DISHES ARE ACCOMPANIED WITH CURRY SAUCE

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THE HOUSE RECOMMENDS

CHICKEN TIKKA MASALA 🍴

Smothered in a creamy sauce with almond, coconut & sugar.

£13.95

CHICKEN GARLIC CHILLI DISH 🍴🍴🍴

Cooked with cubed peppers & garlic cloves in hot sauce & green chilli.

£13.95

CHICKEN BALTI EXOTICA 🍴🍴

Barbecued and highly spiced with chopped green peppers, onions, green chilli and fresh coriander.

£13.95

JALIJAL 🍴🍴

• CHICKEN £13.95 • LAMB £15.45

Cooked with fresh garlic, ginger, onion, green pepper, green chilli, tomato, coriander, a dash of worcestershire sauce & yoghurt.

CHICKEN BALTI 🍴🍴 OR 🍴🍴

Highly spiced with chopped green peppers, onion, green chilli and fresh coriander.

£13.95

CHICKEN TIKKA CHILLI MASALA 🍴🍴🍴

Cooked with fresh green chilli, onions, peppers & tomatoes in a hot dry thick sauce, garnished with fresh coriander and spring onions.

£13.75

LAMB PUNJABI MASALA 🍴

Smothered in a creamy sauce, cubed onions, green peppers with almond & coconut.

£15.65

LAMB GARLIC CHILLI DISH 🍴🍴🍴

Tender Lamb cooked with cubed peppers and garlic cloves in hot sauce with green chilli.

£15.45

LAMB BALTI 🍴🍴 OR 🍴🍴

Highly spiced with chopped peppers, onion, green chilli and fresh coriander.

£15.65

TIKKA KHAZANA 🍴🍴

Selection of chicken tikka, lamb and tandoori king prawn cooked with fried onions and green peppers with a special blend of herbs and spices to produce a delicate medium flavour.

£15.25

OCEAN KING 🍴🍴

Jumbo King Prawns tossed in spices & hot butter, served with fresh spinach, part shelled.

£20.95

MONKFISH BALTI 🍴🍴

Monkfish fillet highly spiced with onion, peppers, tomatoes and green chillies in a thick creamy sauce.

£20.95

BUTTER CHICKEN 🍴🍴

Traditional chicken tikka cooked to perfection in a rich tomato base creamy sauce.

£14.25

CHICKEN TIKKA SAAG 🍴🍴

Cooked with spinach & selected herbs & spiced to form an almost dry sauce.

£13.95

HOT JALFREZI WITH CHICKEN 🍴🍴🍴

Cooked with onions, mixed peppers and fresh coriander in a hot savoury sauce.

£14.65

CREAMY JALFREZI WITH CHICKEN 🍴

Cooked with tomatoes, spring onion and peppers in a rich creamy sauce (mild), with almond.

£14.95

HOT JALFREZI WITH LAMB 🍴🍴🍴

Lamb cooked with onions, mixed peppers & fresh coriander in hot savoury sauce.

£15.45

CHICKEN KARAHI 🍴

Cooked with green peppers, chopped onions & tomatoes in thick dry sauce, smothered in rich creamy sauce (mild), with almond & coconut.

£14.65

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KIDS MEALS

CHICKEN CURRY	£8.95
CHICKEN TIKKA MASALA	£9.95
CHICKEN KORMA	£9.95
CHICKEN GOUJONS	£7.95
CHICKEN NUGGETS	£7.95

ALL ABOVE ARE SERVED WITH RICE OR CHIPS

VEGETARIAN

ALL CLASSIC DISHES & MOST HOUSE SPECIALS
ARE AVAILABLE IN A VEGETARIAN OPTION.
PLEASE ASK YOUR SERVER.

SAAG PANEER	£12.95
Cottage cheese cooked with spinach & garlic.	



VEGAN MENU

STARTERS

VEGAN VEGETABLE PURRIE	£5.95
Vegetables cooked with onion and tomato, served in a pancake type bread.	

MAINS

VEGAN SAAG ALOO ♪ ♪	£12.45
Spinach and potatoes cooked in a sauce.	
VEGAN VEGETABLE BHAGEE ♪ ♪	£12.45
Mixed vegetables, spicy herbs & sauce.	
VEGAN BOILED RICE	£3.60
VEGAN TANDOORI ROTI	£3.85

SIDE DISHES

TARKA DALL ♪ ♪	£5.95
Lentils cooked in light Indian spices.	
MIXED VEGETABLE BHAGEE ♪ ♪	£5.95
Mixed vegetable, spicy herbs & sauce.	
SAAG BHAGEE ♪ ♪	£5.95
Spinach cooked in spices.	
BOMBAY POTATOES ♪ ♪	£5.95
Potatoes lightly spiced in a medium sauce.	

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SUNDRIES

BOILED RICE	£3.60
PILAU RICE	£3.70
FRIED RICE Onion & Coriander	£4.00
MUSHROOM RICE	£4.20
CHIPS	£3.95
POPPADOMS	£0.85
DIPS	£0.85
NAAN	£3.65
GARLIC NAAN	£4.15
PESHWARI NAAN Sweet Coconut Bread	£4.35
CHEESE & GARLIC NAAN	£4.35





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